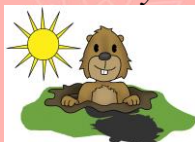




## Celebrating February

### Groundhog Day

February 2



### Super Bowl LVII

February 12



### Valentine's Day

February 14



### Presidents' Day (U.S.)

February 20



### Mardi Gras

February 21



## RESIDENT OF THE MONTH – FEBRUARY

### CAROL T

Carol was born and raised right here in Green Bay, WI. She married her husband, Roger, in September of 1962. She raised two sons. The boys grew and married and gave Carol three wonderful grandkids.

Carol is one of APV 2's biggest Green Bay Packer Fan. Her home is beautifully decorated with Packer memorabilia and she, as well, is decorated (in Packer stuff).

She loves helping others. It keeps her going and brings her happiness.

One of her prize possessions is an 1898 Hobo Art Mirror. Hobo Art, also known as Tramp Art, is made from whatever "crafting" supplies are available.

Carol also has an extensive "unused" shot glass collection. Impressive!!

Faith, Family & Friends is her life motto; and she is a firm believer that "Laughter **IS** the Best Medicine"



## Bird of the Month – Parrot



Parrots are beautiful, intelligent birds that are known for their colorful feathers. There are over 350 different species of parrots found

primarily in tropical and subtropical climates. Parrots have strong curved beaks, lovely plumage, and impressive smarts. In fact, some parrots have even figured out how to get into garbage cans to get food. Others can imitate human speech. One famous parrot, Puck, can say well over 1,700 words. Parrots also have zygodactyl feet—instead of having three toes in front and one in the back like most other birds, parrots have two in the front and two in the back. This adaptation gives parrots an advantage when it comes to grip. Many parrots mate for life, often with both the male and female caring for their offspring. Parrots live long lives, with some living into their 80s. They are also omnivores that primarily eat seeds, nuts, fruit, and insects.

## Flower – Violet



The violet is a sweet flower known as a symbol of love. These delicate blooms are very popular in planters and small bouquets. February's

flower is also the state flower of Illinois, New Jersey, Wisconsin, and Rhode Island. In the Victorian era, violets were prominent in the language of flowers. Purple violets represented faithfulness and purity. White and cream-colored violets meant "Let's take a chance on love." The heart-shaped leaves of the wild violet signify love.

## Show Your Birthday Colors



**Pink:** (Feb. 1–4) You are a dreamer. You try to reach your goals, and when you want something, you don't let anything stand in the way. You're a very loyal friend.

**Red:** (Feb. 5–10) You are loving, dynamic, and kind. A born leader, others seek out your opinions and guidance. However, you are as good at collaborating as you are at taking the lead.

**Blue:** (Feb. 11–15) You are a creative person who draws inspiration from all parts of life. You have a tight-knit circle of friends and family, and you stay very close to them.

**Green:** (Feb. 16–21) Outgoing and friendly, you get along well with others whether they are old friends or new. Your inquisitive, positive attitude is contagious.

**Purple:** (Feb. 22–28) You are always looking for the next project to tackle. You are very active, and your long list of goals keeps you very busy. From decorating to fashion, you have a superb sense of style.

"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." ~ John Boswell

## Tall Tales



Residents of Bangor, Maine, celebrate Paul Bunyan Day on February 12, claiming that the lumberjack of American lore was born in the woods outside of the city in 1834. Since 1959, a 31-foot-tall statue of Paul Bunyan has

stood over Main Street, a log peavey in one hand and lumberjack's axe in the other. Visit the city clerk's office in city hall and you'll even find Bunyan's birth certificate hanging on the wall.

While the authenticity of the birth certificate and Bunyan's connection to Bangor is certainly dubious, Bangor's claim as the birthplace of the American lumber industry is beyond question. By the mid-19th century, Bangor had gained renown as the "lumber capital of the world," with Maine's old-growth white pine used to build houses, ship masts, and Maine's many lobster traps.

Minnesotans have their own opinions when it comes to the birthplace of Paul Bunyan. Like Bangor, the logging industry brought prosperity to much of northern Minnesota. Most self-respecting Minnesotans will claim that Paul Bunyan was born in their state. After all, it was Paul Bunyan and Babe the Blue Ox who carved out Minnesota's 10,000 lakes. The only question is, where was he born? The state has no less than five Paul Bunyan statues in five different cities, each claiming to be Bunyan's birthplace.

The truth might disappoint Bunyan fans in both Maine and Minnesota. Historians point out that Bunyan was not a real man, but an American legend. This legend may have been based on a real person, a French-Canadian lumberjack named Fabian Fournier. Fournier moved to Michigan after the Civil War and joined a logging crew. At six feet tall, he was a giant. When he wasn't logging, he spent his time drinking and fighting, until he was murdered. Over time, Fournier's legend likely merged with that of another notorious French-Canadian lumberman, Bon Jean. It is believed that the pronunciation of *Bon Jean* is what gave us the name *Bunyan*.

## \*\*\* Shining Star \*\*\*

### Tayy Caregiver

Tayy was born in Gary, IN where she lived with her family; which included two brothers and three sisters.

She enjoys basketball, music and traveling, however, she is open to try many things to add to her list of hobbies.

Atlanta, GA is her favorite place to visit because the weather is warmer and the environment is very nice.

In Tayy's future, she sees herself opening a daycare and starting a clothing line.

Tayy joined the APV family eight months ago and is very grateful for the opportunity to spend time with all of the wonderful residents and their families.

She has two favorite meals: Fried chicken with Mac-n-cheese, broccoli on cornbread **AND** spaghetti with garlic bread and a salad.

Tayy doesn't have any children but she has two very beautiful nieces and three Godchildren.

Summer is her favorite time of the year because she enjoys being outdoors. Thanksgiving is her favorite holiday because it is very close to her birthday.

If Tayy won the lottery, she would open a daycare because there are a lot of kids without child care, pay all her bills and also give her mom and siblings some money too.



## Birthstone – Amethyst



The amethyst is February's birthstone. Its decorative use can be traced back 25,000 years, found among the remains of Neolithic man in France. Today, most commercial

amethysts are from Brazil and Uruguay. In the U.S., they are found in Arizona and North Carolina. The stone's name comes from the Greek word amethystos, which means "not drunk"; it was believed that those who wore it would not get intoxicated. Early Egyptians placed the stones in the tombs of pharaohs, believing that they possessed good powers.

## Happy Birthday

2/5 – Lorraine

2/12 – Carol

2/20 – Marietta



## February Birthdays

In astrology, those born from February 1–18 are the Water Bearers of Aquarius. Although they bear water, Aquarius is an air sign, signaling that they are innovative, progressive, and rebellious. They nurture and support new ideas. Those born from February 19–28 are Pisces' Fish. Pisces are incredibly sensitive and empathetic. They often tap into their boundless imaginations and dreamy attitudes to become accomplished artists.

Tommy Smothers (comedian) – Febr 2, 1937

Rosa Parks (activist) – February 4, 1913

Hank Aaron (ballplayer) – February 5, 1934

Babe Ruth (ballplayer) – February 6, 1895

Garth Brooks (singer) – February 7, 1962

Jimmy Durante (actor) – February 10, 1893

Michael Jordan (athlete) – February 17, 1963

Smokey Robinson (singer) – February 19, 1940

Sidney Poitier (actor) – February 20, 1927

George Washington (president) – February 22, 1732

Elizabeth Taylor (actress) – February 27, 1932

## The British Invasion



On February 7, 1964, the Beatles landed in New York to start their first tour of the United States. Just a few days earlier, on February 1, their hit "I Want to Hold Your Hand"

hit No. 1. Two days later, on February 9, the "Fab Four" would perform on *The Ed Sullivan Show* before hysterical fans in the live studio and to record viewership on television sets. The so-called British Invasion had begun. For the next several years, it seemed as if the only sounds coming through the radio were bands from "across the pond." The Dave Clark Five. Herman's Hermits. The Rolling Stones. The Kinks. The Animals. The Who. Prior to 1964, only two British singles ever topped the pop 100. From 1964–65, British bands held the No. 1 spot for an astonishing 56 weeks. The American radio waves had been transformed forever.

