

August 2022

# Parkside Press

Allouez Parkside Villages 1&2 | 1901 Libal St. | 920-430-8500 (Bld1), 920-432-3322 (Bld2)



## Celebrating August

**Read-a-Romance Novel  
Month**

**Happiness Happens Month**

**Boomers Making a  
Difference Month**

**International Clown Week**  
*August 1-7*

**Homemade Pie Day**  
*August 5*

**International Lefthander's  
Day**  
*August 13*

**Root Beer Float Day**  
*August 6*

**Elvis Week**  
*August 9-17*

**International Geocaching Day**  
*August 20*

**Senior Citizens Day**  
*August 21*

**Women's Equality Day**  
*August 26*

## Resident of the Month



Meet this month's resident of the month..Wally! Wally was born in Belgium and has one older sister who now lives in Minnesota, and two daughters who live nearby. Wally met his wife Dawn in medical school. Wally's passion has always been working with science and in the medical field. He worked as a lab scientist while serving in the Army. After the Army, Wally studied at Mayo Clinic. He trained other doctors on tropical diseases. After moving to Wisconsin, Wally worked at Theda Care in Neenah and St. Mary's Hospital in Green Bay. He also worked at St. Nicholas Hospital in Sheboygan for 24 years! Wally speaks FOUR different languages and is an interpreter! He speaks English, Russian, Ukrainian, and Spanish, but says English has been the hardest! In his spare time, Wally used to put together electronics, and he loves the outdoors and going fishing-especially for Musky and Northern Pike. Wally's favorite parts about living here at Allouez Parkside Village are the nice people, good food, and friendly staff. His piece of advice to others would be to be kind to everyone, use common sense, and don't follow trouble. We're so glad to have you here with us, Wally!

## Arrr-Gust

Shiver me timbers, August is International Pirate Month. Historians consider the Golden Age of Piracy to have occurred between the 1650s and 1730s. It was during this period that the likes of Blackbeard, Captain Kidd, Calico Jack, and Anne Bonny made their notorious reputations.

It is no coincidence that the Golden Age of Piracy coincided with an era punctuated by the shipping of valuable goods across vast oceans to Europe.



European kingdoms had laid claim to distant colonies in North America, West Africa, and India. Sea

routes used for the shipping of spices, gold, and other goods provided perfect targets for pirates looking for power, riches, and prestige.

A major factor that contributed to the rise of piracy was the rise of naval power. Empires like Spain and England used brutal methods to bolster their navies. Sailors were not so much recruited as kidnapped and forced into conscription. After receiving extensive training and experience on the high seas, many sailors, disgusted with their shoddy treatment and pay, left the navy for piracy. It was common for pirates to be hunted by the very navies they had once served in.

Much of what we know about piracy comes from the book *A General History of the Pyrates*, written in 1724 by Captain Charles Johnson. The true identity of Captain Charles Johnson remains a mystery, as there is no record of such a man ever existing. Despite a certain lack of credulity, Johnson's fanciful accounts of several pirates, including Blackbeard, Charles Vane, and Calico Jack, have defined piracy for centuries. It was this book that introduced the familiar tropes of buried treasure, missing limbs and eyes, and the pirate flag known as the Jolly Roger. This book also inspired Robert Louis Stevenson to write *Treasure Island*. While we may never be able to separate pirate fact from fiction, we can be sure that the romance of piracy will capture our imaginations for many years to come.

## Shining Star

Jaclyn is our shining star for the month of August! Jaclyn was born and raised here in Green Bay, Wisconsin. She has been with Assisted Living by Hillcrest for about 4 months. Jaclyn says the best part of her job is making the residents happy. Jaclyn likes to connect with the residents, so she is always making special bonds. Some of Jaclyn's hobbies include going on car rides, hanging out with her friends, swimming, drawing, and working. Her favorite meal is a steak cooked by her dad, with mashed potatoes and mushrooms. Jaclyn is the youngest of her siblings, and the only girl. She has three older brothers. Jaclyn's favorite time of year is the 4<sup>th</sup> of July because it's the only time her entire family gets together to celebrate. Jaclyn's favorite vacation was to Georgia. The smell in the air from the peach trees is so sweet, and Jaclyn's favorite tv show was also filmed in Georgia. If Jaclyn won the lottery, she would buy a nice truck and a lake house because she loves trucks and being on the water! In ten years, Jaclyn sees herself married with children, possibly a stay-at-home mom. Thank you for all you do, Jaclyn!

## August Birthstone- Peridot



In 1912, the American National Association of Jewelers adopted the peridot as the official birthstone for August. The pronunciation of this gem is often confused: it

is correctly pronounced PAIR-uh-doh, not PAIR-uh-dot. Peridot is a green gemstone that is as popular today as it was in the past. It has been found in ruins of ancient Egypt and Greece. It was often called the "evening emerald" by ancient Romans, who noticed that its green color shone even more vividly in lamplight, resembling deep-green emeralds.

## Dog of the Month- Doberman Pinscher



The Doberman pinscher is also called a Doberman, Dobie, or Dobe. This fearless, agile, and powerful breed was developed in Germany as a working dog at the end of the 19th century.

These dogs have a short coat that comes in a range of colors, including brown, fawn, red, and black. Dobies are renowned for their grace, intelligence, and loyalty. They make good pets, watchdogs, and service animals, and are often used by the police and military. In fact, Dobermans served in both WWI and WWII, helping to guard soldiers and sniff out mines. They also participate in military drill teams. While it's understandable to be a bit wary of these formidable dogs, they are actually quite sweet, gentle, and loving. Doberman pinschers do best in moderate climates. With their short hair and low body fat content, they do not do well in the cold or rain. Additionally, their dark fur makes them prone to overheating on hot days.

## Celebrating lefties

August 13 is International Lefthanders Day. About 10% of the population is left-handed. From scissors to bikes, lefties live in a world built for right-handedness. However, left-handers make do and are thought to be an especially dynamic lot, including many leaders, artists, and other creative thinkers, such as Oprah Winfrey, Lewis Carroll, Joan of Arc, Jimi Hendrix, and Neil Armstrong.

## News from the Life Enrichment desk

Happy August! Summer is in full swing, and we are loving it! We are soaking up as much time as we can getting outside in the wonderful weather. Our gardens of flowers and vegetables continue to grow and be fruitful and beautiful! This month we are offering a variety of activities that include, but are not limited to bingo, church service, exercise, spending time outdoors, live entertainment, and much more. This month the ice cream truck will be coming on Wednesday the 24<sup>th</sup>. Please see life enrichment if you have questions about anything! Have a great month!

## August Flower- Gladiolus



Gladiolus are August's flower. This lovely flower represents strength and integrity—not surprising when you consider that its name comes from the Latin word for sword, gladius.

While its sword-shaped stems might imply Roman gladiators, its romantic flowers are capable of piercing a heart with their beauty. This might be why infatuation is another of this flower's meanings. Gladiolus, or "glads" as they are commonly called, come in a range of colors and sizes, making them a versatile mainstay in floral bouquets.

## The Wonder Drug

The ancient Egyptians used willow bark as a remedy for aches and pains. The ancient Greek physician Hippocrates wrote that willow bark could relieve pain and reduce fevers. It wasn't until the 18th century that the remedy was rediscovered by Edward Stone, a cleric of the Church of England who wrote a report detailing how powdered willow bark seemed to relieve the symptoms of patients in his care. In 1829, a French chemist named Henri Leroux finally isolated willow's magic and medicinal ingredient, salicylic acid. With such a long and documented history, why is it that the German chemist Felix Hoffmann is credited with the discovery of aspirin on August 10, 1897?



Sure, prior to Hoffmann's discovery, salicylic acid had been discovered, isolated, and even synthetically manufactured. But no scientist had yet discovered how to deliver it in reliable medicinal doses. Too much of the stuff could make you horribly sick or possibly put you in a coma. It was Hoffmann who, while working at the Bayer company to find a treatment for his father's rheumatism, first synthesized a less acidic and less harmful version of the medicine by combining salicylic acid with acetic acid. This pure and stable form was known as *acetylsalicylic acid*, or ASA.

ASA was tested and proven to be an effective analgesic (pain reliever), antipyretic (fever reducer), and anti-inflammatory. By 1899, Bayer was manufacturing the new medicine and shipping it out to doctors in glass bottles under the trade name Aspirin. By 1915, it was sold over the counter in tablet form and was widely hailed as a wonder drug.

Today, aspirin is known as a pain reliever, heart attack preventer, and possible cancer preventer. 120 billion pills of the stuff are consumed every year, and it is on the World Health Organization's List of Essential Medicines. While aspirin is not suitable for every patient or every ailment, it certainly lives up to its billing as a wonder drug.

## August Birthdays

### APV1

August 3<sup>rd</sup>- Virginia Majeski

August 5<sup>th</sup>- Wayne Lacourt

August 17<sup>th</sup>- Kathryn Ault

August 19<sup>th</sup>- Arthur Covi

August 21<sup>st</sup>- Benjamin Costello

August 24<sup>th</sup>- Marilyn Ihlenfeldt

August 26<sup>th</sup>- Sallie Castle

August 29<sup>th</sup>- Margaret Hardt

### APV2

August 17<sup>th</sup>- David Dubois

August 18<sup>th</sup>- Joan Krause

August 24<sup>th</sup>- Roger Edwards

## What's Lucky in August?

Lucky Color: Aqua

Lucky Animal: Frog

Lucky Day: Friday

Lucky Plant: Blueberry