

September 2021

West Haven Happenings

Brillion West Haven | 220 Achievement Drive, Brillion | 920.756.9100 | assistedlivingbyhillcrest.com



Celebrating September

Sewing Month

National Cheese Pizza Day

September 5

Labor Day

September 6

Patriot Day

September 11

Grandparents Day

September 12

**International Country
Music Day**

September 17

Fall Foliage Week

September 26–October 2

Ancestor Appreciation Day

September 27

September Birthdays

Lois 11th

Ruth 11th

Don 19th

Conrad 27th



Fun Fall Events

September 1 Music with TJ & Lynn 1:30pm

September 7 Inspiration with Brenda 9:30am

September 9 Music with Ted Young 1:30pm

September 10 Bird Club 1:30pm

September 13 Garden Club 1:30pm

September 14 Crafts with Bev 1:30pm

September 16 Mission Karaoke 1:30pm

September 21 Inspiration with Brenda 9:30am

Piano with Francis Rank 1:30pm

September 22 Music with Tom Enneper 1:30pm

September 28 Music with Al Schultz 1:30pm

UPDATES & REMINDERS:

We've had an increasing interest in residents hosting personal gatherings in the vending machine room. Please call the office to reserve your time to prevent double-booking and to give everyone a chance to use the room as they'd like. Please make note of the sign outside the room stating the dates/times the room is reserved.

A resident's petty cash account balance may not exceed \$200 at a given time. You are welcome to call the office to question your current balance before making a deposit. Cash is the preferred means when making a deposit, but if needing to submit a check for petty cash please make it payable to:

Assisted Living By Hillcrest.



Happiness on the Wing

Bluebirds, with their striking plumage and warbling song, are a pleasant sight to behold. But in many cultures, a bluebird is more than just another pretty bird: It is a powerful sign that happiness is just around the corner. For this reason, September 24 is Bluebird of Happiness Day.



Of course, bluebirds are not the only birds with symbolic significance. Owls have been associated with wisdom since the worship of the Greek goddess Athena. Eagles are symbols of strength, courage, and freedom. Ravens symbolize knowledge and act as intermediaries for the gods. Cranes are symbols of healing and hope. But amongst all birds, perhaps none is more lighthearted and joyous than the bluebird.

DID YOU KNOW?

- The birthstone for September is the **sapphire**, which is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. It symbolizes intuition, clarity of thought, peacefulness, as well as loyalty and trust.
- According to U.S. stats, more babies on average are born in September than any other month of the year.
- September is known as Harvest Month. It's a great month to harvest in preparation for the coming winter months. In fact, in Old England, it was called "Haervest-monath", meaning Harvest Month. Some of the best crops to harvest are onions, apples, bell peppers, pumpkins, winter squash, sweet potatoes and tomatoes.
- The first Sunday after Labor Day we celebrate National Grandparents Day. Like Mother's and Father's Day we also have a whole day dedicated to our grandparent-like figures and grandparents! Grandparents and children have a special connection that is proven to both make grandparents live longer, and also make children more emotionally resilient. Grandparents Day is an opportunity to treasure that connection.



To the children who participated in the *Ascension Calumet Hospital's Progressive Agriculture Safety Day* for donating your service project of decorated pots with plants to the residents!

To the *many* families who drop off goodies for staff & fresh flowers for everyone to enjoy!

Garden Glory

