

Parkside Press

Allouez Parkside Village 2 | 1901 Libal St | (920) 432-3322 | assistedlivingbyhillcrest.com



Celebrating May

Creative Beginnings Month

Meditation Month

**Physical Fitness & Sports
Month**

Lemonade Day
May 2

Teacher Day
May 4

Cinco de Mayo
May 5

Mother's Day (U.S.)
May 9

International Nurses Day
May 12

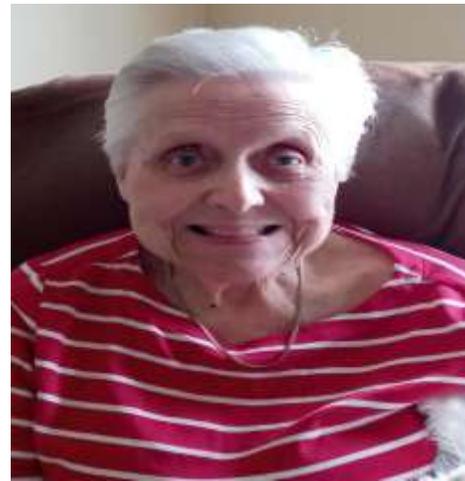
Ride a Unicycle Day
May 16

NASCAR Day
May 21

Victoria Day (Canada)
May 24

Memorial Day (U.S.)
May 31

Resident of the Month



Carole Derbique

Meet Carole! Carole is from Green Bay! Carole and her husband Jim have been married for many years and have two children, Mary, and Paul. Carole's favorite job over the years was being a housewife. Carole's hobbies include but are not limited to, traveling, spending time with her family and playing BINGO! Carole loves music! Some of her favorite artists include, Elvis, and Frank Sinatra. Carole says, "there will only ever be one Frankie!" Carole loves being outside whenever she can and enjoys waving at the cars that go by. Carole finds the staff here at Allouez Parkside Village 2 to very friendly and helpful. She says that they make sure that she is ready for the day, very well fed and kept involved in many different activities. She enjoys seeing her friends at the daily activities and loves to sing with them. Carole's advise is, "Be a good person".

Shining Star



Libby Johnson~ PCW and Med Passer

Libby was chosen to be this month's shining star because of her caring and nurturing nature. She goes the extra mile to ensure our residents get the care they need. She is dependable and is always willing to help - with a smile. Libby was born in Green Bay, WI. She has been with Assisted Living by Hillcrest for 4 months. Taking care of the residents is her favorite thing about her job. She loves spending time with them. In ten years, she hopes to go back to school to become a registered nurse. She loves to spoil her 7-year-old nephew and take care of her dog and cockatiel. In her free time, she enjoys spending time with her family and friends, and scrapbooking. Libby has been to Canada and says it was her favorite place to visit and she loved the Canadian Rockies. She has always been fascinated with mountains. Her favorite season is summer, she enjoys sitting outside in the warm sun. Her favorite meal hands down is sushi and seafood. If she could, she would have it three times a week!

Thank you, Libby for all you do!

Visiting



Through the recent updates made by the Department of Health Services, our facilities are able to allow scheduled, in room visits with the residents!

Family and friends are now welcome to visit in resident apartments, in our visitation room or for outdoor patio visits, 7 days a week from 8 a.m. – 8 p.m.

If you are interested in scheduling a visit please call

Heidi – Allouez Parkside Village 1

❖ 920-430-8500

Casey – Allouez Parkside Village 2

❖ 920-432-3322

Monday thru Friday between the hours of 8 a.m. and 4 p.m.

We are allowing only 5 residents to have visitors each hour for resident room visits.

When calling in please give your name and residents name.



Blasting Off in May

Each May, just before the onset of the rainy season, villages across Thailand celebrate the Bun Bang Fai Rocket Festival, a ceremonial festival that has roots in millennia-old rites.

Anthropologists believe that long before the introduction of gunpowder in the ninth century, it was common for villages to welcome the arrival of the rainy season with rites and rituals. Legend tells of how the god of rain, Phaya Thaen, grew upset and withheld rain for seven years. The Toad King, a mythological spirit, went to war against Phaya Thaen, and the rains returned only with his victory. In the town of Nai Mueang, a gargantuan five-story toad statue overlooks the Chi River. It is not just a statue but inside is a museum dedicated to Thai folklore, and its open mouth acts as a viewing platform so that visitors can watch the many rockets that the festival is named for.



The festival's rockets are absolutely massive, with some measuring up to 30 feet long and weighing over 200 pounds. Traditional rockets are made from hollow stalks of bamboo filled with black powder, but PVC piping

is also common. The rockets are ornately decorated and paraded through the streets on large floats while local musicians play folk music and lead dances in traditional costumes. Some men even cover their bodies in white powder and wear frog masks to honor the Toad King.

At last, the moment arrives to launch the rockets into the heavens, an annual reminder to Phaya Thaen to bless the earth with nourishing rain. The higher the rockets fly, the more auspicious the weather will be for the coming farming season. Betting often accompanies the launches, with locals placing wagers on which rockets they think will reach the highest heights. Losers (and sometimes innocent bystanders) are thrown into giant puddles of mud. There are often so many rockets that the launches last all day, leaving ears ringing from the massive booms, a visceral reminder of the age-old ritual.



Unscramble the letters to reveal words associated with Mother's Day.

1. RFWLSOE	_____
2. EDEVOTD	_____
3. TURENUR	_____
4. WYEREJL	_____
5. AAETFKRBS	_____
6. GRNCIA	_____
7. CNDELIHR	_____
8. PTENATI	_____
9. COSEKIO	_____
10. TCEPSRE	_____
11. TSRNEEP	_____
12. EWSAEOM	_____
13. ESOLHCTAOC	_____
14. LGNOVI	_____
15. URNCHB	_____
16. LHATEGRU	_____
17. EAERTCLEB	_____
18. AYMIFL	_____

Honoring Mother Ocean



Good sons and daughters will remember that May 9 is Mother's Day, a day to shower mom with love and appreciation. But will we also remember that May 10 is

Mother Ocean Day? Just as our mothers gave us life and nurtured us, so too do our oceans sustain life on planet Earth. Oceans produce half of all the world's oxygen and absorb massive amounts of carbon dioxide. Covering 70% of Earth's surface, our oceans are also responsible for regulating climate and weather patterns. Preserving the health of our oceans is our first line of defense against a rapidly warming planet. On this day, perhaps you can visit the beach for a local cleanup or watch a documentary about undersea life.



Recipe Corner

Gifts from the Garden

Pasta Salad



Ingredients:

- 1 (16-ounce) box whole wheat bow-tie pasta (farfalle), cooked according to the directions on the box
- 1 large tomato, chopped
- 1 small orange pepper, chopped
- 1 small yellow pepper, chopped
- 1/2 English cucumber, diced
- 1 head broccoli, chopped
- 1 small red onion, sliced
- 1/2 cup vinaigrette of choice

Directions:

1. Toss all ingredients in a large bowl.
2. Cover and chill until ready to serve.

Makes 8 servings

May Birthdays

May 4th – Nancy Funk
May 10th – Doris Eastman
May 13th Pat Hinnendael
May 15th – Carole Derbique
May 21 – Dan McInnis
May 31st – Judy Garner

Resident Council Meeting

Allouez Parkside Village 1
Wednesday, May 18th
10:30am



This summer we are looking forward to spending more time on our patio!