

November 2020

# West Haven Happenings

Brillion West Haven | 220 Achievement Drive, Brillion | (920) 756-9100  
www.assistedlivingbyhillcrest.com



*HAPPY BIRTHDAY  
to our residents  
who are celebrating  
their special day  
this month!*

**Marcy Spatchek**  
*November 1*

**Judy Roggenbauer**  
*November 14*

**Pat Wagner**  
*November 17*

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**Congratulations to  
Casey Kluck, CNA**

**She has been promoted to  
Lead on 2<sup>nd</sup> shift  
We appreciate her energy  
& experience!**

## RESIDENTS & FAMILIES

We understand there may be heightened concern for the residents, and your loved ones, health and safety during this challenging time. West Haven continues to remain under quarantine and is routinely testing residents per the County Health Departments recommendations, and working with the State Department of Health Services, until further notice. Through the required testing, we've identified positive cases of COVID-19 throughout the facility. Some of the positive cases have been found in residents who have not exhibited symptoms. Our most recent testing has shown an improvement.

The residents and families affected by this virus have been notified, and will continue to be through this process. We are saddened to report the virus has been the reason for losing some residents.

Our facility directors, Lisa, RN and Jourdyn, RN are assessing and monitoring all residents on a daily basis and keeping a very close eye on everyone. We are doing everything in our power to contain this virus while providing quality care for each and every resident. We care for our residents as if they are family, and we are trying our hardest to overcome this challenge.

We welcome you to contact us with questions, check in or call for updates as you wish (920) 756-9100.

*Our heartfelt sympathies to the families of those  
residents who've recently passed.*



**Home Health  
& Therapy LLC**

We are excited to announce our partnership with PRN Home Health & Therapy. PRN is locally owned & offers a full spectrum of Physical, Occupational & Speech Therapy services. Our goal is to keep your loved one stronger & healthier which will allow them to live safely & more independently.

PRN will have a dedicated therapy space at West Haven, with a variety of exercise equipment providing our residents traditional therapy in the comfort of their home. As a Home Health Agency & a Rehab Agency, they can see residents under their Medicare A benefit or Medicare B benefit, & can transition from one to the other. Under Med A benefits, they can also see residents for any skilled nursing need, such as post-surgical care, wound care, diabetes management, medication teaching & care for chronic illnesses & injuries. PRN's dedicated staff verifies all of the resident's benefits ahead of time and is always available to answer any questions.

The facility Directors will work alongside the PRN therapy team, as well as the physician, to determine when therapy is needed. PRN can provide therapy to improve strength, range of motion, endurance, coordination, increase independence in activities of daily living, maximize communication & cognitive skills, enhance swallowing ability, and help aid in adjustments to hearing loss. They also offer a number of additional certifications including LSVT BIG & LOUD for Parkinson's Disease & Lymphedema management.

PRN's therapy team will be offering free therapy screens to all our residents & will continue to monitor for any residents experiencing a decline. Additionally, we will work with PRN to provide education & teaching to residents, families & staff.

We are truly looking forward to the wonderful opportunities PRN will bring to our residents & the entire facility!

You may learn more about PRN Home Health & Therapy by visiting: [prncares.com](http://prncares.com)

## Thanksgiving Celebrations

Thanksgiving is a time to spend with families, friends & those we care about most. This year, though we will not be able to open our doors & welcome visitors to feast with us, we will celebrate with our traditional Thanksgiving meal for the residents to enjoy with each other.

We appreciate your understanding & wish all families & friends a blessed day.

### **Recipe Twist on Traditional Thanksgiving Yams**

#### **Roasted Sweet Potatoes with Honey & Cinnamon**

- 4 sweet potatoes, peeled & cut into 1-inch cubes
- ¼ cup extra-virgin olive oil, plus more for drizzling potatoes after cooked
- ¼ cup honey
- 2 teaspoons cinnamon
- Salt & pepper

Preheat oven to 375 degrees F.

Lay the sweet potatoes out in a single layer on a roasting tray.

Drizzle with oil, cinnamon, honey, salt & pepper.

Roast in over for 25-30 minutes, or until tender.

Remove from oven, transfer to a serving platter, drizzle with more olive oil & enjoy with a grateful heart!!