

December 2020

Parkside Press

Allouez Parkside Village * 1901 Libal Street * (920) 430-8500 * www.assistedlivingbyhillcrest.com



Celebrating December

**Universal Human Rights
Month**

Bingo's Birthday Month

Cookie Cutter Week
December 1-7

Hanukkah
December 10-18

Gingerbread House Day
December 12

Christmas Bird Count
December 14-January 5

Free Shipping Day
December 17

Christmas
December 25

Kwanzaa
December 26-January 1

New Year's Eve
December 31

Resident of the Month



Kathleen LeMieux

Meet Kathleen. Kathleen was born in St Vincent Hospital in Green Bay. She moved around to different places as a child because her father was a school principal. She had one sister and two brothers.

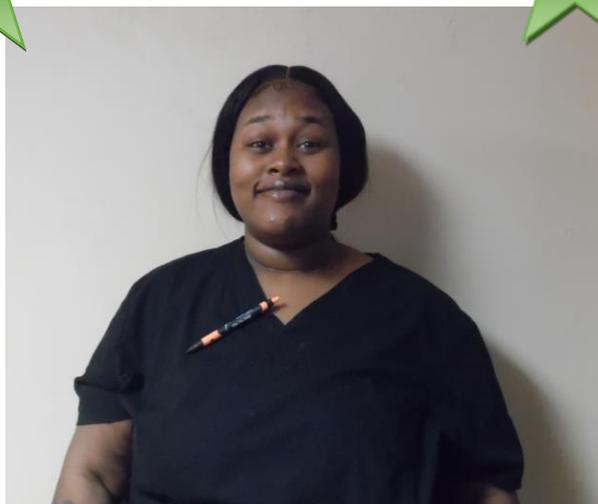
While in high school Kathleen worked at a local dime store. After graduating she worked for Kraft Cheese until marrying her husband Frank.

She was a homemaker after marrying. Kathleen and Frank had eight children- four boys and four girls and she was busy taking care of the family.

Sunday was family day and sometimes Frank would take the kids out so she could get caught up on her house duties.

Kathleen enjoyed going to movies, shows, and out to dinner. One of her favorite hobbies was shopping. Her husband Frank loved to swim. He would go swimming and drop her off at the store to shop and then pick her up when he was done.

Her favorite thing about living at Allouez Parkside Village is the housekeeping. She appreciates how clean they keep it. If she could give any advice it would be to "always be honest."



Yulikah Alexander - PCW

Yulikah was chosen to be this month's shining star because she enjoys caring for our residents and it shows. She is dedicated and friendly.

Yulikah was born in Chicago, IL.

She loves shopping, playing dress up and tea party with her daughter, and trying new foods.

Her daughter is two years old.

She has eight siblings- four brothers and four sisters.

In ten years she sees herself done with college for Mortuary Science, working her dream job and living in her dream home with a million dollars in her savings account!

Her favorite thing about her position with Assisted Living by Hillcrest is even after a long hard day there is at least one co-worker who's there to put a smile on her face.

Six Flags Great America Amusement park in Lake County, Illinois is her favorite place to visit. It's the only place on Earth that makes her feel like a kid again.

Chinese is her favorite food.

Christmas is her favorite time of the year because she loves seeing her family come together and spread love.

If Yulikah won the lottery she would purchase her first funeral home. It has been her goal since she turned eighteen and it's her dream career.

Congratulations Yulikah and thanks for all you do!

December Birthdays

In astrology, those born between December 1–21 are the Archers of Sagittarius. The Archer's open mind, optimism, curiosity, and enthusiasm make them the travelers of the zodiac. They treasure freedom: freedom to roam, freedom of thought, and freedom to express themselves. Those born between December 22–31 are Capricorn's Goats. Goats are responsible masters of self-control. They are practical planners and leaders who value experience and expertise.

Tim Berken – December 7th

Norma Ullmer– December 21st

Bev Pelnar – December 24th



The holidays

are sneaking up on us and will be here before we know it! Holidays are typically a time of joy, gratitude, and quality time with family. In effort to ensure the safety and wellbeing of the residents & staff and prevent the spread of COVID-19, we will not be having families join in our Christmas festivities this year.

If you plan on taking your loved one out for Christmas, we ask that you please notify the facility by December 17th, so we can plan accordingly.

Again, if you are planning on taking your loved one from the facility please understand the potential risk of exposure associated when in a social setting.

If anyone is traveling from out of state, has symptoms, or has been exposed to someone with COVID-19 we ask you to please refrain from taking your loved one's home.

Strange Christmas Traditions

Christmas brings with it many beloved traditions: trimming the tree, hanging stockings, and singing carols. Many countries around the world enjoy traditions you may be less familiar with.



In Japan, an estimated 3.6 million families eat Kentucky Fried Chicken during the Christmas season. This is largely thanks to Takeshi Okawara, who managed the first KFC franchises in Japan. In 1970, Okawara marketed the Christmas “party barrel,” a complete fried chicken dinner replicating American turkey dinners. There were so few existing Christmas traditions in Japan that KFC filled the void. These days, if you do not pre-order your KFC dinner weeks in advance, you will have to stand in line for hours to get your “Kentucky Christmas.”

If you happen to be in Norway for Christmas, you’ll be hard-pressed to find a broom, for they are all hidden away. Norwegian folklore tells of how evil spirits and witches emerge on Christmas Eve. Norwegians hide their brooms so that witches cannot steal them for riding.

In Caracas, Venezuela, Christmas morning brings presents and roller skates. Authorities close down the city streets on Christmas morning so that thousands of residents can roller-skate to church in safety. One tradition tells of how children go to sleep with one end of a skate lace tied around their toe and the other end dangling out the window. In the morning they are awakened by skaters tugging at the lace to alert them that it is time for mass.

In Ukraine, trees are not decorated with tinsel and ornaments but with faux spider webs. A common folktale tells the story of a poor woman who could not afford tree decorations. When she awoke on Christmas morning, she found her tree glistening with spider webs, courtesy of the spiders in her house who took pity on her.

These traditions may seem strange to you, but does your family have any Christmas traditions that others may find nontraditional?

CHRISTMAS WORD SEARCH



O P R I N L I G G Q Q R G L U N H Z E F
 C H Z Q E J A O R E I N D E E R I R L Q
 M B M O L S Z T V W U P O B N D T T V V
 N H N J O L L Y N U Y E N M I H C C E U
 X P M N P P S F I A G K A C L Y V H S Z
 D L A E H X C E L B S F P G C E T Q E G
 Z O M N T H E D A Y S G N I T E E R G M
 S D Z I R V T Q P S G S B W C C P W O V Q
 P U I Z O V A J A E O R U A C F S S O G S
 G R E H N X R L B P Y N N N H R S O I L
 B N Z C S T B H J O M D P I M O A B V M
 Y M I S T L E T O E Y R D E E S M C I U
 G O C N O R L D K C O Q O N R T T W N B
 W K Y Q C Z E J A G O V T D R Y S D G Q
 L O R T K L C N I C G P N R Y L I N X S
 J N X J I R E F B A V A P J E H R D C Z
 X L W O N H T A E R W V I L E H A Y E
 W L R D G Z G Y L D J C G N X E C M B O
 M Y A D I L O H L S U H J A W N Z A M J
 I X P D B T V H S K M W S E L D N A C U

BELLS
 CANDLES
 CANDY CANE
 CARDS
 CELEBRATE
 CHIMNEY
 CHRISTMAS

RUDOLPH
 SANTA
 SEASON
 SLEIGH
 STOCKING
 TREE
 WREATH

ELVES
 FROSTY
 GIFT
 GIVING
 GREETINGS
 HOLIDAY
 JOLLY

JOY
 MERRY
 MISTLETOE
 NOEL
 NORTH POLE
 REINDEER



Santa Hats



HERE'S WHAT YOU DO:

Pick a hat off the wall, each Santa Hat represents a Resident. Bring it to Heidi - APV1 or Casey-APV2.

In exchange, you will receive WISH LIST for a Resident.

Spend between \$15-\$20 on a present, and bring it in no later than **Friday, December 11th wrapped and marked “From Santa”.**

Santa will ‘deliver’ the gifts to each resident during our resident Christmas parties Wednesday, December 16th APV2 & Thursday December 17th APV1. If you

have any questions, please contact Casey-APV2 or Heidi-APV1.

Happy Holidays!



Recipe Corner

Soft Molasses Cookies

Ingredients

- 2 and 1/4 cups (280g) all-purpose flour (spoon & leveled)
- 1 and 1/2 teaspoons baking soda
- 2 teaspoons ground ginger
- 1 and 1/4 teaspoons ground cinnamon
- 1/4 teaspoon ground cloves
- 1/4 teaspoon nutmeg
- 1/4 teaspoon salt
- 3/4 cup (170g) unsalted butter, softened to room temperature
- 1/2 cup (100g) packed light or dark brown sugar
- 1/4 cup (50g) granulated sugar
- 1/4 cup (60ml) unsulphured or dark molasses
- 1 large egg, at room temperature
- 2 teaspoons pure vanilla extract

* Rolling - 1/3 cup (67g) granulated or coarse sugar, for rolling

Instructions

1. Whisk the flour, baking soda, ginger, cinnamon, cloves, nutmeg, and salt together until combined. Set aside.
2. In a large bowl using a hand-held or stand mixer fitted with a paddle attachment, beat the butter and both sugars together on high speed until creamy and combined, about 2 minutes. Add the molasses and beat until combined. Then add the egg and vanilla extract and beat until combined, about 1 minute. Scrape down the sides and bottom of the bowl as needed.

Cont...

3. On low speed, slowly mix the dry ingredients into the wet ingredients until combined. The cookie dough will be slightly sticky. Cover dough tightly with aluminum foil or plastic wrap and chill for 1 hour and up to 2-3 days.
4. Preheat oven to 350°F (177°C). Line two large baking sheets with parchment paper or silicone baking mats. (Always recommended for cookies.) Set aside.
5. Remove cookie dough from the refrigerator. If the cookie dough chilled longer than 2 hours, let it sit at room temperature for at least 30 minutes. The cookies may not spread in the oven if the dough is that cold. Roll cookie dough, 1 Tablespoon each, into balls. Roll each in granulated sugar and arrange 3 inches apart on the baking sheets. Bake for 11-12 minutes or until edges appear set. If the tops aren't appearing cracked as pictured, remove the baking sheet from the oven and gently bang it on the counter 2-3x. This will help those warm cookies spread out and crack on top. Return to the oven for 1 additional minute.
6. Remove from the oven and allow cookies to cool on the baking sheet for 5 minutes before transferring to a wire rack to cool completely.
7. Cookies will stay fresh covered at room temperature for 1 week.

Prep Time: 1 hour, 45 minutes Cook Time: 12 minutes
Total Time: 2 hours Yield: 30-32 cookies

