

November 2020

# Parkside Press

Allouez Parkside Village 2 \* 1901 Libal Street \* (920) 432-3322 \* [www.assistedlivingbyhillcrest.com](http://www.assistedlivingbyhillcrest.com)



## Celebrating November

**Aviation History Month**

**Native American Heritage  
Month**

**Adopt a Turkey Month**

**Polar Bear Week**  
*November 1-7*

**Cliché Day**  
*November 3*

**Veterans Day: U.S.**  
*November 11*

**Rock Your Mocs Day**  
*November 15*

**International Men's Day**  
*November 19*

**Thanksgiving: U.S.**  
*November 26*

**Square Dancing Day**  
*November 29*

## Resident of the Month



**Betsy F.**

Meet Betsy! Betsy grew up in Waukesha county and went to school there. She has seven siblings who loved playing outside together, riding bikes, etc.

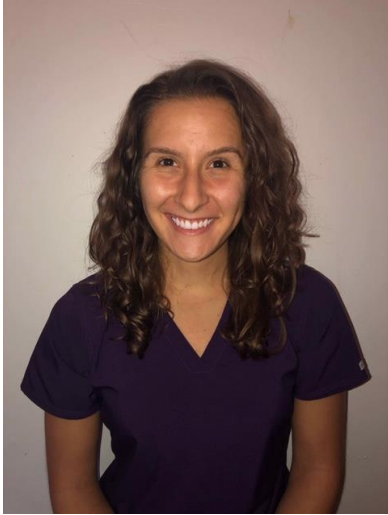
She was never married and has no children. She was employed as a social worker and remembers always being very busy in her younger years.

Betsy loves to read and write, as a child she would walk to the library. She liked to go to the public library and collect scrap material about WWII. Her entire family enjoyed reading. Walking and getting her hair done are some other hobbies she enjoys.

When asked her favorite thing about Allouez Parkside Village she said she likes the people here. They are very nice and she has made some friends.

If Betsy could give any advice it would be to, "be your own person."

# Shining Star



## Tina Spice – CNA

### Congratulations Tina!

Tina was chosen to be this month's shining star because of her hard work and dedication. She has been with Hillcrest for two years.

Making sure the residents are taken care of and happy overall is her favorite part of her position at Hillcrest. She said, "nothing is more rewarding than seeing the residents smiling and happy."

Tina was born in Green Bay, WI. Her family includes her, her mom, and her dad.

In ten years, Tina sees herself with a Bachelors of Nursing degree, with some adopted dogs and maybe living out in Colorado.

Hobbies she enjoys are crafting, creating wood products, working out with her family and walking her two dogs; Lacy and Yori. She also enjoys organizing and cleaning!

Colorado and Wyoming are some of her favorite places to visit because the mountainous views and wildlife are breathtaking. She says nothing is more peaceful than hiking in the mountains.

Her favorite meal is grilled chicken, asparagus and potatoes. Her favorite dessert is vanilla ice cream with caramel and brownie on the side.

Tina's favorite times of the year are summer; because its hot and she can swim or kayak with her family and winter or Christmas; because she loves the happiness during that time of year and shopping for gifts. Her family is always excited.

She said she's not sure what she would do if she won the lottery because that's too much money to think about managing right now.

## Thanksgiving 2020

Thanksgiving this year will need to be different to prevent the spread of COVID-19. The safety and wellbeing of the residents and staff, continues to be a top priority.

We will not be having families join in our Thanksgiving festivities this year.

If you plan on taking your loved one out for Thanksgiving, we ask that you please notify the facility by November 18<sup>th</sup>, so we can plan accordingly.

If you are planning on taking your loved one from the facility please understand the potential risk of exposure associated when in a social setting. If anyone is traveling from out of state, has symptoms, or has been exposed to someone with COVID-19 we ask you to please refrain from taking your loved ones home.



### COVID-19 Update:

We appreciate everyone's support and understanding as we continue to slowly transition through our reopening phases. Please keep in mind updates and changes will be made as necessary, and per CDC and DHS guidelines.

Due to the area's recent increase in positive COVID-19 cases, our facility will remain in **Phase 2** until further notice. we are highly encouraging residents to not leave the facility unless medically necessary. Please contact the facility if you are uncertain about one's visiting guidelines.

***Our goal is to keep all of our residents and staff safe. If at any time a resident does not follow the guidelines set up by the public health department, CDC and the facility, they may be quarantined to their room for up to 14 days for the safety of themselves and others.***

*Honoring all who served*  
**VETERANS DAY**  
 11<sup>TH</sup> NOVEMBER  
 2020

We would like to pay tribute to our veterans in Allouez Parkside Villages 1 & 2.

Allouez Parkside Village 1

- ★ Willy Borley - Marines
- ★ David Radke - Army
- ★ Bill Wobosel - Navy
- ★ Dean Belanger - Navy
- ★ Ben Costello - Airforce
- ★ Wally Charles - Navy
- ★ Jim Wanek - Marine
- ★ Art Covi - Air Force
- ★ Allan Peterson - Army
- ★ John Smith - Navy
- ★ Roger Bertrand - Army
- ★ Cled Owen - Army National Guard

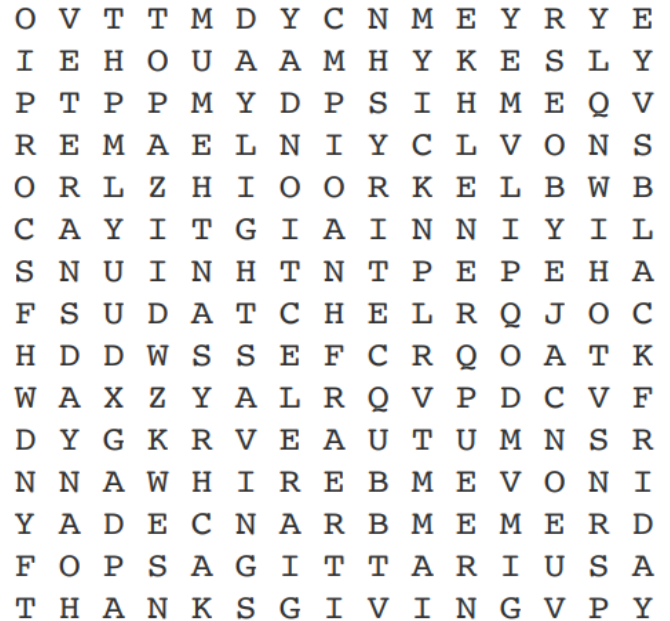
Allouez Parkside Village 2

- ★ Richard Reid - Army
- ★ Bob Hruska - Army
- ★ Cliff Piton - Army
- ★ Ray Parins - Marines
- ★ Gerry Ploen - Navy
- ★ Jim Schauer - Army National Guard
- ★ Richard Peters - Navy Reserve
- ★ Jack Ambrosius - Army
- ★ Joe Schmelzer - Airforce

Searching for November



The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



- |                      |                 |                    |
|----------------------|-----------------|--------------------|
| ARCHER (Sagittarius) |                 | SAGITTARIUS        |
| AUTUMN               | ELECTION DAY    | SCORPIO            |
| BLACK FRIDAY         | ELEVENTH        | SCORPION (Scorpio) |
| CHILLY               | NOVEMBER        | THANKSGIVING       |
| CHRYSANTHEMUM        | REMEMBRANCE DAY | TOPAZ              |
| DAYLIGHT SAVINGS     |                 | VETERANS DAY       |





## Recipe Corner

### Pumpkin Heaven Bars

#### Ingredients:

- Cooking spray
- 25 gingersnap cookies
- 2 tablespoons sugar
- 5 tablespoons butter, melted
- 1 cup white chocolate chips
- 1 cup chopped pecans
- 1/4 cup sweetened shredded coconut
- 1/4 cup toffee bits
- 1/2 cup sweetened condensed milk
- 1/4 cup pumpkin puree
- 1/2 teaspoon pumpkin pie spice



#### Directions:

1. Preheat oven to 350°F. Spray a 9 X 9-inch baking pan with cooking spray.
2. Process gingersnaps in a food processor until crumbs are fine. Add sugar and butter. Pulse several times to combine. Press evenly into the bottom of the prepared baking pan.
3. Evenly sprinkle white chocolate chips, pecans, coconut, and toffee over the crust.
4. Combine condensed milk, pumpkin puree, and pumpkin pie spice in a small bowl. Pour evenly over the ingredients in the baking pan.
5. Bake 25–32 minutes. Allow to cool before cutting.

Makes 12 servings

## November Birthdays



Ray Parins – November 9<sup>th</sup>

Eliy Watermolen – November 23<sup>rd</sup>

Rita Schaefer – November 27<sup>th</sup>



Home Health  
& Therapy<sup>uc</sup>

Assisted Living By Hillcrest is very excited to announce our partnership with PRN Home Health & Therapy. PRN offers a full spectrum of Physical, Occupational and Speech Therapy services.

As a Home Health Agency and a Rehab Agency, they can see residents under their Medicare A benefit or Medicare B benefit, and can transition from one to the other. Under Med A benefits, they can also see residents for any skilled nursing need, such as post-surgical care, wound care, diabetes management, medication teaching and care for chronic illnesses & injuries.

The Directors of each facility will work alongside the PRN therapy team, as well as the physician, to determine when therapy is needed. PRN can provide therapy to improve strength, range of motion, endurance, coordination, increase independence in activities of daily living, maximize communication & cognitive skills, enhance swallowing ability, and help aid in adjustments to hearing loss. They also offer a number of additional certifications including LSVT BIG & LOUD for Parkinson's Disease and Lymphedema management. PRN's therapy team will be offering free therapy screens to all our residents and will continue to monitor for any residents experiencing a decline. Additionally, Assisted Living By Hillcrest Commons will work with PRN to provide education & teaching to residents, families and staff.

For any questions please contact PRN at 920-833-9911 or visit their website [www.prncares.com](http://www.prncares.com)!