

# Parkside Press

Allouez Parkside Village 2 \* 1901 Libal Street \* (920) 432-3322 \* [www.assistedlivingbyhillcrest.com](http://www.assistedlivingbyhillcrest.com)



## Resident of the Month



### Celebrating October

Country Music Month

Global Diversity  
Awareness Month

Emotional Wellness Month

World Smile Day  
*October 2*

World Teachers Day  
*October 5*

Indigenous Peoples Day  
*October 12*

Character Counts Week  
*October 18–24*

International Chefs Day  
*October 20*

International Artist Day  
*October 25*

Halloween  
*October 31*

### Kate Amel

Meet Kate! Kate was born in Rusk County in the City of Ladysmith. She grew up on a farm with an older sister and an older brother.

Kate worked as a nanny near her childhood home. She took care of one child and a dog. Her and her late husband had four children; two girls and two boys.

Some of her hobbies include taking walks and reading. She enjoys being able to help others. Her mother was a seamstress and Kate used to sew. She would also embroider, crochet, and knit.

When asked her favorite thing about living at Allouez Parkside Village Kate said, "I like how good the people are to me" and "the food is good."

Kate said she doesn't have any advice to give because, "I'm not the one to give advice".



# Shining Star



**Yanely Martin Del Campo- Dietary Aide/PCW**

## Congratulations Yanely!

Yanely was chosen to be this month's shining star because of her hard work ethic and dedication. She has been with Hillcrest for one year. The things she likes best about her job are gaining knowledge as a Dietary Aide/PCW. She likes how caring the residents are toward her.

Yanely was born in Green Bay, WI. She is the second oldest of five siblings; three brothers and two sisters. She is eighteen years old and recently graduated high school. Graduating in 2020 during the pandemic was hard she said but she did it!

Hobbies she enjoys are swimming and going on nature walks. One thing on her bucket list is sky diving and she plans to do it in the summer of 2021.

In ten years Yanely sees herself accomplishing a lot of her goals and traveling to places she's always wanted to go. Colorado is a favorite place she has visited because she enjoyed going on nature adventures up in the mountains.

Her favorite meal is the chimichangas and tacos from El Sarape.

Winter is her favorite time of the year because her birthday and Christmas are both in December.

If Yanely won the lottery, she would invest and pay off her parents' debt because she says she owes a lot to her parents.

Advice she would like to give would be to follow your heart and believe in yourself, if you put your mind and heart into something you will achieve it.

## Searching for October

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



- AUTUMN BOSS'S DAY COLUMBUS DAY COSMOS
- HALLOWEEN LIBRA SCORPIO SCORPION (Scorpio)
- SIMCHAT TORAH SUKKOT SWEETEST DAY
- THANKSGIVING (Canada) MARIGOLD
- OCTOBER OPAL SCALES (Libra)



## CALENDARS & NEWSLETTERS

If you would like to receive our Calendars & Newsletter via E - mail please let Sherrie in Life Enrichment know!



[LifeEnrichmentAPV@assistedlivingbyhillcrest.com](mailto:LifeEnrichmentAPV@assistedlivingbyhillcrest.com)

Call or Email so you can be added to our list. \*Please verify which building you are requesting. Thank you!



## COVID-19 Update:

Our goal is to keep all of our residents and staff safe. If at any time a resident does not follow the guidelines set up by the public health department, CDC and the facility, they may be quarantined to their room for up to 14 days for the safety of themselves and others.

**In effort to continue to provide the safest environment for our residents;**

**We will remain in Phase 2 until further notice.**

Phase 2 includes:



- **Allowing Limited Outside Family Visits**
  - Family must wear and provide their own mask
  - Must remain 6 feet apart from resident
  - Each resident is allowed to have 4 visitors at a time
  - Visits must take place in designated areas only
- **Allowing limited family visits in family room, only if resident is physically unable to visit outside- which will be approved by the director**
  - Anyone entering the facility must sign in, wash their hands with soap and water, wear mask, log temperature and complete symptom questionnaire
  - Must remain 6 feet apart from resident
  - Each resident is allowed to have up to 2 visitors at one time
  - Maximum visit time of 45 minutes
  - Must call the facility Monday-Friday between 8:00 a.m. - 4:00 p.m. to schedule visit time in order to regulate the number of people at the facility at one time.
- **Families may take resident out of the facility for a car ride, including church or to dine out.**
  - We are highly encouraging resident to wear a mask when leaving the facility and use proper hand hygiene
  - You do not need to schedule an appointment for a car drive, but we ask for you to notify staff in advance so we are aware the resident is leaving
  - Though we are unable to control what happens while a resident is out of the facility, we ask for everyone to be mindful of their actions and any places they may stop. Understand the potential risk of exposure associated when in a social setting

## Allouez Parkside Village Resident

### Voting

The last day for electors to register by mail or online to vote for the General Election is 5:00 pm on October 14th.

Any resident who is not registered and wishes to vote absentee in the General Election can fill out and mail a registration application and absentee ballot request available through life enrichment. A resident must be in the facility ninety days in order to vote at that address.

Persons who are placed under guardianship pursuant to court order under ch.880, Stats., or are found incapable of understanding the electoral process are not permitted to vote.

When the ballots arrive late October via USPS; either the residents can fill them out on their own, a member of the Life Enrichment staff will assist, or a family member may assist them.

The email link for voting- [www.myvote.wi.gov](http://www.myvote.wi.gov).



## Reminder to families and residents;

There is a \$6 room tray fee per meal for any resident who declines to eat in the dining room and requests a meal in their room.

Exceptions to this include:

- Any resident on hospice -nearing the end of life
- Residents quarantined to their room
- Residents with a physician's order.





## Creamy Pumpkin Soup

### Ingredients:

- 1 cup chicken broth
- 1/4 Greek yogurt
- 1 (15-ounce) can pumpkin puree
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1 teaspoon minced fresh garlic
- 1/4 cup chopped onion
- 1 tablespoon honey
- Salt and pepper to taste
- Heavy cream for garnish (optional)



### Directions:

1. Place all ingredients in a large saucepan over medium-high heat. Bring to a boil. Once soup has come to a boil, lower the temperature to medium-low. Allow soup to cook 15–20 minutes, stirring every so often.
2. Divide into serving bowls and optionally garnish each with a little heavy cream.

Makes 4–6 servings

## October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras have strong intellects and keen minds and so need constant stimulation. Libras are also masters of compromise and diplomacy, acting as wise mediators between friends and colleagues. Those born from October 23–31 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family.

October 3<sup>rd</sup> – Alice Greene

October 8<sup>th</sup> – Jean Kiefer

October 21<sup>st</sup> – John Anderson



## Family Council is Tentatively Cancelled

### Resident Council Meeting

Allouez Parkside Village 1  
Wednesday, October 21<sup>st</sup>  
10:30am

Allouez Parkside Village 2  
Wednesday, October 14<sup>th</sup>  
10:30am

