

Parkside Press

Allouez Parkside Village 1 * 1901 Libal Street * (920) 430-8500 * www.assistedlivingbyhillcrest.com



Celebrating October

Country Music Month

**Global Diversity
Awareness Month**

Emotional Wellness Month

World Smile Day
October 2

World Teachers Day
October 5

Indigenous Peoples Day
October 12

Character Counts Week
October 18–24

International Chefs Day
October 20

International Artist Day
October 25

Halloween
October 31

Resident of the Month



Don Beirowski

Meet Don! Don was born in Milwaukee, WI. He has one sibling a brother; six years younger than he. As a child he spent some time in the Children's Hospital in Milwaukee. One time he was standing behind someone chopping wood and got an axe in his face. Another time he had a cast on his knee all the way up his leg. He remembers playing with the wheelchairs and getting in trouble in the hospital with his friends.

Don's mother had several jobs as he grew up including; working in the brewery, driving a taxi and running an elevator.

Don started out as a salesman and then got his broker's license. He started a real estate company and was able to retire by the age of fifty-four.

One of Don's favorite memories was spending time with his dog Casey.

Going to his cabin in Twin Bridge with his wife and family was one of his favorite hobbies. He enjoyed fishing, canoeing, swimming and snowmobiling. Playing black jack and cribbage are some other hobbies he enjoyed.

Don's favorite thing about living at Allouez Parkside is the friendly and attentive nursing staff. He also likes Heartland, especially the Deacan John.

If Don could give any advice, he would say study hard, play hard and enjoy life.



Shining Star



Heather Baitista – PCW / MP Congratulations Heather!

Heather was chosen to be this month’s shining star because of her hard work ethic and excellent ability to assist residents. She has been with Hillcrest for seven months.

Heather was born in Green Bay, WI. Hobbies she enjoys are dancing, camping and anything outdoors.

A favorite place she has visited is Mexico because it’s pretty and there are a lot of amazing people.

In ten years, Heather would like to see herself owning her own farm and having her two sons horse train with her.

Heather is the oldest of fourteen children! She has nine sisters and five brothers. She has been married to her husband for twelve years and they have two sons.

What Heather likes most about her position with Hillcrest, Assisted Living Communities is meeting new people and learning new things.

Her favorite foods are native tacos and Tinga.

Summer is her favorite season because she enjoys the outdoors.

If Heather won the lottery, she would make sure her family and kids were well set and she would donate to children in need.

Searching for October

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



- AUTUMN BOSS’S DAY COLUMBUS DAY COSMOS
- HALLOWEEN LIBRA SCORPIO SCORPION (Scorpio)
- SIMCHAT TORAH SUKKOT SWEETEST DAY
- THANKSGIVING (Canada) MARIGOLD
- OCTOBER OPAL SCALES (Libra)



CALENDARS & NEWSLETTERS

If you would like to receive our Calendars & Newsletter via E - mail please let Sherrie in Life Enrichment know!



LifeEnrichmentAPV@assistedlivingbyhillcrest.com

Call or Email so you can be added to our list.
*Please verify which building you are requesting.
Thank you!



COVID-19 Update:

Our goal is to keep all of our residents and staff safe. If at any time a resident does not follow the guidelines set up by the public health department, CDC and the facility, they may be quarantined to their room for up to 14 days for the safety of themselves and others.

In effort to continue to provide the safest environment for our residents;

We will remain in Phase 2 until further notice.

Phase 2 includes:



- **Allowing Limited Outside Family Visits**
 - Family must wear and provide their own mask
 - Must remain 6 feet apart from resident
 - Each resident is allowed to have 4 visitors at a time
 - Visits must take place in designated areas only
- **Allowing limited family visits in family room, only if resident is physically unable to visit outside- which will be approved by the director**
 - Anyone entering the facility must sign in, wash their hands with soap and water, wear mask, log temperature and complete symptom questionnaire
 - Must remain 6 feet apart from resident
 - Each resident is allowed to have up to 2 visitors at one time
 - Maximum visit time of 45 minutes
 - Must call the facility Monday-Friday between 8:00 a.m. - 4:00 p.m. to schedule visit time in order to regulate the number of people at the facility at one time.
- **Families may take resident out of the facility for a car ride, including church or to dine out.**
 - We are highly encouraging resident to wear a mask when leaving the facility and use proper hand hygiene
 - You do not need to schedule an appointment for a car drive, but we ask for you to notify staff in advance so we are aware the resident is leaving
 - Though we are unable to control what happens while a resident is out of the facility, we ask for everyone to be mindful of their actions and any places they may stop. Understand the potential risk of exposure associated when in a social setting

Allouez Parkside Village Resident Voting

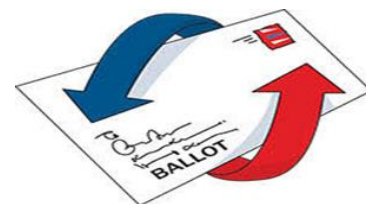
The last day for electors to register by mail or online to vote for the General Election is 5:00 pm on October 14th.

Any resident who is not registered and wishes to vote absentee in the General Election can fill out and mail a registration application and absentee ballot request available through life enrichment. A resident must be in the facility ninety days in order to vote at that address.

Persons who are placed under guardianship pursuant to court order under ch.880, Stats., or are found incapable of understanding the electoral process are not permitted to vote.

When the ballots arrive late October via USPS; either the residents can fill them out on their own, a member of the Life Enrichment staff will assist, or a family member may assist them.

The email link for voting- www.myvote.wi.gov.



Reminder to families and residents;

There is a \$6 room tray fee per meal for any resident who declines to eat in the dining room and requests a meal in their room.

Exceptions to this include:

- Any resident on hospice -nearing the end of life
- Residents quarantined to their room
- Residents with a physician's order.





Creamy Pumpkin Soup

Ingredients:

- 1 cup chicken broth
- 1/4 Greek yogurt
- 1 (15-ounce) can pumpkin puree
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1 teaspoon minced fresh garlic
- 1/4 cup chopped onion
- 1 tablespoon honey
- Salt and pepper to taste
- Heavy cream for garnish (optional)



Directions:

1. Place all ingredients in a large saucepan over medium-high heat. Bring to a boil. Once soup has come to a boil, lower the temperature to medium-low. Allow soup to cook 15–20 minutes, stirring every so often.
2. Divide into serving bowls and optionally garnish each with a little heavy cream.

Makes 4–6 servings

October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras have strong intellects and keen minds and so need constant stimulation. Libras are also masters of compromise and diplomacy, acting as wise mediators between friends and colleagues. Those born from October 23–31 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family.

October 10th – Peetie Hermsen
October 12th – Wayne Borseth
October 16th – Don Beirowski
October 31st – Carol Augustine



Family Council is Tentatively Cancelled

Resident Council Meeting

Allouez Parkside Village 1
Wednesday, October 21st
10:30am

Allouez Parkside Village 2
Wednesday, October 14th
10:30am

