

September 2020

Parkside Press

Allouez Parkside Village 2 * 1901 Libal Street * (920) 432-3322 * www.assistedlivingbyhillcrest.com



Celebrating September

Happy Cat Month

Mushroom Month

Healthy Aging Month

**International Enthusiasm
Week**

September 1-7

Bowling League Day
September 3

Labor Day: U.S.
September 7

Grandparents Day
September 13

**International Country Music
Day**
September 17

Good Neighbor Day
September 28

Resident of the Month



Judy Garner

Meet Judy! Judy was born in Green Bay, WI. She lived out east for a while when she was married and then moved back.

She has two children, a son and a daughter and one grandchild. Her daughter has passed away.

Judy was a stay at home mom until her children were five years old and then she worked as a CNA. She said she loved her job. She loved taking care of people.

When Judy was younger, she used to like to knit. Now, one of Judy's favorite hobbies is watching t.v. She enjoys many different programs, especially shows about animals. Dogs are her favorite. She says they are heartwarming.

Some of the things Judy enjoys at Allouez Parkside Village are the beauty shop and the Thursday manicures. If she could give any advice she would say live for the day and enjoy every moment because it goes by fast.

★ Shining Star



Theresa Murdock ~ CNA

Theresa was born in west Chicago, IL. She is the youngest of four. She has one older brother and two older sisters.

She has worked for Allouez Parkside Village for nine months.

What she enjoys most about her job is learning and understanding more about dementia. She likes spending time with the residents and getting to know them.

In ten years, Theresa sees herself married with kids and a degree.

Theresa is a member of the Ashwaubenon dance team. Other than dancing, cooking and sewing are some of her favorite hobbies.

Disney World in FL is one of her favorite places to have visited. It was her first time on a plane and her first time in Disney.

Her favorite meal is lunch. She loves chicken or shrimp alfredo.

Summer is her favorite time of the year. She enjoys the nice weather and spending time outdoors going to carnivals, waterparks, amusements parks and barbequing.

If she won the lottery, she would invest in her schooling and buy a house. She said she would support her mom because her mom always supports her.

Thank you, Theresa, for all you do!!

We're Keeping Busy at Allouez Parkside Village 2

September 2nd ~ Wine & Canvas

September 9th ~ Travel to Japan

September 23rd ~ Birthday Bash

September 28th ~ APV Store Open

September 30th ~ SPA DAY

AND MUCH MORE...



August Wine & Canvas

Kitchen Creativity



September 13, or 9/13, brings 9x13 Day, a day for cooks of all abilities to fill their 9x13 pans with something delicious.

These versatile pans can be used for everything from appetizers to dessert. They can hold baked dips, beans, potatoes, casseroles, baked pasta, savory breads, meats, cakes, bars, cakes, and cobblers. The 9x13 pan is truly a workhorse of the kitchen. If you're looking for another excuse to whip up something special in the kitchen, September is Bake and Decorate Month. With apples and pumpkins begging to be picked, why not make one of these the star of your next cake or pie? And don't forget to decorate your dish with a decorative crust or a delightful icing.

COVID-19 Reminder:

We are in Phase 2 of our reopening plan until further notice.

Phase 2 includes:

Allowing Limited Outside Family Visits*

- Family must wear and provide their own mask
- Must remain 6 feet apart from resident
- Each resident is allowed to have **4 visitors** at a time
- Visits must take place in designated areas only

Allowing limited family visits in family room, only if resident is physically unable to visit outside- which will be approved by the director*

- Anyone entering the facility must sign in, wash their hands with soap and water, wear mask, log temperature and complete symptom questionnaire
- Must remain 6 feet apart from resident
- Each resident is allowed to have up to 2 visitors at one time
- Maximum visit time of 45 minutes

*Must call the facility Monday-Friday between 8:00 a.m. - 4:00 p.m. to schedule visit time in order to regulate the number of people at the facility at one time.

Families may take resident out of the facility for a car ride, including church or to dine out.

- We are highly encouraging resident to wear a mask when leaving the facility and use proper hand hygiene
- You do not need to schedule an appointment for a car drive, but we ask for you to notify staff in advance so we are aware the resident is leaving
- Though we are unable to control what happens while a resident is out of the facility, we ask for everyone to be mindful of their actions and any places they may stop. Understand the potential risk of exposure associated when in a social setting

Feel free to contact the facility with any questions, or to schedule a visit. We appreciate everyone's support and understanding as we continue to slowly transition through our re-opening phases.

September Word Search

S	E	P	T	I	M	B	R	R	O	L
L	A	B	O	R	D	A	Y	D	L	A
Q	U	S	E	P	T	E	M	B	E	R
U	T	A	U	T	A	C	O	R	A	Y
E	U	P	D	Z	R	Q	F	I	V	G
F	M	P	W	U	V	S	E	P	E	H
A	N	X	E	H	A	R	V	E	S	T
L	H	T	A	P	P	L	E	S	N	O
L	A	M	I	L	A	C	O	R	N	S



September	Leaves
Labor Day	Harvest
Fall	Acorns
Autumn	Apples

Family Council is Tentatively Cancelled

Resident Council Meeting

Allouez Parkside Village 1
Wednesday, September 16th
10:30am

Allouez Parkside Village 2
Wednesday, September 16th
10:30am





Apple Cake

Ingredients:

Original recipe yields 24 servings

5 medium (2-3/4" dia) (approx 3 per lb)s apple - peeled, cored and sliced

2 cups all-purpose flour

1/2 teaspoon salt

4 teaspoons ground cinnamon

4 teaspoons baking powder

4 large eggs

2 cups white sugar

1 cup vegetable oil

2 teaspoons vanilla extract

1 cup chopped walnuts

4 teaspoons white sugar

1 teaspoon ground cinnamon



Directions:

- Preheat oven to 350 degrees F (175 degrees C) lightly grease and flour a 9x13 inch pan.
- Sift together flour, salt, cinnamon and baking powder. Set aside.
- In a large bowl, beat eggs and sugar for 15 minutes on high speed with an electric mixer. Add oil and blend in.
- Add four mixture and mix well. Add vanilla. Fold in apples and nuts. Pour batter into 9x13 inch pan.
- In a small bowl, mix 4 teaspoons sugar with 1 teaspoon cinnamon. Sprinkle over cake.
- Bake at 350 degrees F (175 degrees C) for 50 to 60 minutes or until a toothpick inserted into center of cake comes out clean.

September Birthdays

In astrology, those born between September 1–22 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint. Those born between September 23–30 balance the scales of Libra. Libras have strong intellects and keen minds and so need constant stimulation. Libras are also masters of compromise and diplomacy, acting as wise mediators between friends and colleagues.

September 13th – Bill Eastman

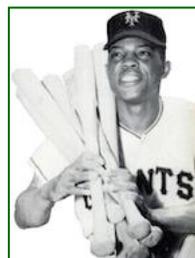
September 17th – Tim Ashmann

September 21st – Barb Evink

September 21st – Pat Ambrosius



"The Catch"



On September 29, 1954, Willie Mays made one of baseball's biggest plays on baseball's biggest stage. It was Game 1 of the World Series between Mays' New York Giants and the Cleveland Indians. The score was tied 2–2 in the top of the eighth inning when Cleveland batter Vic Wertz hit a line drive to deep center field. With the crack of the bat, Mays sprinted to the deepest part of center and made a spectacular over-the-shoulder catch on the warning track and still had the presence of mind to quickly throw the ball into the infield to keep the runners from advancing. New York went on to win the game and sweep the series for a World Series title, and Mays' catch, remembered forevermore as simply "The Catch," has gone down in history as one of the greatest plays ever made.