

August 2020

Caraton Commons

1500 Arcadian Ln, De Pere | 653 Woodside Rd., Green Bay



Celebrating August

**Read-a-Romance-Novel
Month**

Happiness Happens Month

International Clown Week
August 1–7

Watermelon Day
August 3

Elvis Week
August 8–16

Creamsicle Day
August 14

Senior Citizens Day
August 21

National Park Service Day
August 25

Matchmaker Day
August 31

Resident of the Month



Gary H.

Gary grew up on a farm in Algoma, WI with his two sisters. He met the love of his life in grade school and currently they have been married for 60 years and have two daughters together.

Gary was employed at Schneider Transport driving semi for thirteen years until he retired.

During his free time, some hobbies he enjoyed were painting pictures, camping in the woods and taking family vacations.

Gary's favorite thing about living at Caraton Commons is the staff because they are genuinely nice. He also enjoys the other residents that stay here as well.

If he were to give us any advice it would be for everyone to stay out of trouble!

Shining Star



Crystal Brisson - CNA

Crystal was chosen to be this month's **Shining Star** because she is reliable and dedicated to her job.

She has been with Caraton Commons for eight years.

Her favorite thing about her job is taking care of the residents, and knowing her time and energy is going towards a good cause.

In ten years, Crystal hopes to see herself living in a big house in the country with her ten-year-old son and cat Bella.

Crystal was born in Green Bay, WI. She has two younger brothers and a younger sister.

Crystal likes to spend her free time camping with her family, gardening and spending her hard-earned money shopping online.

Hawaii was one of her favorite places to visit because she got to go parasailing in the ocean, she also got to swim with the dolphins at Sea Life.

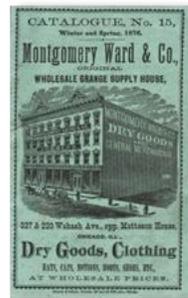
Her favorite time of the year is Summer because of the warm weather. She says it is the perfect time for outdoor activities and swimming at the beach with her son. Her favorite meal is Mexican food, especially tacos.

If Crystal won the lottery, she would buy a nice house and make some financial investments.

Flower Power

August 28 is Daffodil Day, a day celebrating this beautiful flower. The ancient Greeks, who called the flower a narcissus, acknowledged its beauty in their myths. A man named Narcissus was so taken with his own beauty that, after seeing his reflection in a pool of water, he stopped to admire himself. He was so obsessed with his beauty that he could not pull himself away from his own reflection. Alas, he died at the waterside, and in his place grew the first daffodil. It is from this myth that we get both the flower's name and the word *narcissist*, a word for those who admire themselves too much. But why shouldn't daffodils admire themselves? They are beautiful, after all. And because they are some of the first flowers to bloom in the spring, they are also associated with rebirth, renewal, new beginnings, and hope. For this reason, daffodils have become a potent symbol of hope in the fight against cancer. Cancer councils around the world use Daffodil Day to raise funds to support life-saving cancer research.

Mighty Mail-Order



On August 18, 1872, Aaron Montgomery Ward mailed out a catalog detailing the wares he had for sale at his dry goods business in Chicago. His 8 X 12-inch pricing sheet was the world's first mail-order catalog. Ward believed that people living in rural communities wanted city goods and that he could provide them at an affordable cost. He mailed his goods from Chicago to rural train stations, where customers could pick them up. Country folk loved the wide selection of goods Ward was able to offer, and his idea gathered steam over the next few years. Rural retailers tried to thwart his success by burning the catalogs, to no avail. By 1883, Ward's modest pricing sheet had become a 240-page "Wish Book" filled with 10,000 items. Ward had become the titan of the mail-order business.

Only You

During World War II, Japanese submarines bombed a California oil field and nearly triggered a massive forest fire. This prompted the Forest Service to run ads in conjunction with the War Advertising Council that read, “Another Enemy to Conquer: Forest Fires” and “Careless Matches Aid the Axis.” Disney had just released the hit *Bambi* and allowed the young animated deer to be used as a mascot. Then, on August 9, 1944, the U.S. Forest Service retired Bambi and adopted Smokey Bear as its new mascot, wearing his trademark Ranger’s hat and blue jeans and carrying a shovel. Soon, every camper in America knew about Smokey and his mission to prevent forest fires.



In 1950, a manmade fire swept through Lincoln National Forest in New Mexico. While trapped by the flames, twenty-four firefighters found a lone black bear cub clinging to a smoldering tree. All survived, and the rescued cub was named Smokey. He was moved to the National Zoo in Washington, D.C., where visitors could meet the real-life Smokey Bear, learn his story of survival, and understand the horrible dangers forest fires pose to both wildlife and society.

Over the decades, Smokey’s message has sunk into the consciousness of America. The average amount of forest consumed by fire fell steadily each year, from 22 million acres in 1944 to 6.6 million in 2011. Americans understood the dangers and destructiveness of forest fires and that fires could often be prevented.

But has all this fire suppression been counterproductive? Some argue that fire suppression has led to a buildup of dead trees and dried underbrush, creating a fuel to feed catastrophic blazes. We now know fires are a natural part of a forest’s life cycle, important for its growth and renewal. What does this mean for Smokey Bear and his messaging? Perhaps it means that the best way to help our forests is to keep learning about them.

Jazz Milestones

On August 17, 1959, the world experienced what many consider to be the greatest and most innovative jazz recording of all time, Miles Davis’ *Kind of Blue*. To support his trumpet, Davis gathered some of the best musicians in the business: saxophonists John Coltrane and Julian “Cannonball” Adderley, pianists Bill Evans and Wynton Kelly, bassist Paul Chambers, and drummer Jimmy Cobb. Up until this point in jazz music, bebop, with its traditional chord changes, was the norm. Davis and composer George Russell threw precedent out the window. They chose to improvise not by following chord changes but to instead use scales, chords, and melodies. This opened up their music to almost endless possibilities. It was a new musical movement that would change jazz forever. The musicians recorded a mere three reels of tape—not much by recording standards—over just two days of recording. Davis called for almost no rehearsal, and musicians did not even know what they were recording until they showed up at the studio. Even during those sessions, Davis gave almost no instruction. The result of those brilliant improvisations became the best-selling jazz album the world has ever known.

A Can-Do Attitude



The first of August is International Can-It-Forward Day, a day to extol the virtues of preparing for winter by canning all types of foods. With careful planning, summer’s bounty of fruits and vegetables can be enjoyed throughout the winter. The canning of foods was invented by Frenchman Nicolas Appert, a Parisian chef who successfully preserved the first soups, juices, jellies, vegetables, and syrups in jars. His process was simple; he sealed jars with cork and sealing wax and then boiled them to cook the contents, destroy bacteria, and make the jars airtight. In many ways, our modern methods of canning foods are no different from Appert’s methods of a century ago.

King's Inspirational "Dream"

On August 28, 1963, before a crowd of 250,000 Americans, Martin Luther King Jr. gave his "I Have a Dream" speech at the Lincoln Memorial in Washington, D.C. The speech remains one of the most memorable ever made, ranking alongside Lincoln's "Gettysburg Address" as one of the most moving and most analyzed in American history. King's mention of his "dream" was not in his prepared remarks. Gospel singer Mahalia Jackson prompted King to "tell them about the dream," and so King improvised the most famous part of his speech on the spot.



King and his thousands of followers had come to the capital for their March on Washington for Jobs and Freedom. The march was attended by civil rights leaders, the United Auto Workers Union, and the American Jewish

Congress, all of which were united in their calls for desegregating public schools, expanding federal works programs to train workers, and addressing violations of citizens' constitutional rights. The march was not strictly business. Musicians such as Joan Baez, Bob Dylan, and Mahalia Jackson were scheduled to perform. Jackson, especially, was a mainstay at King's rallies. Their relationship was such that she had no qualms in interrupting King during his remarks and suggesting that he "tell them about the dream."

For many attendees of the march and many in the media, King's speech was the highlight. The fact that it was televised also helped the civil rights movement gain mainstream acceptance. Indeed, King's triumphant speech at the feet of Lincoln helped secure the passage of the Civil Rights Act of 1964 and paved the way for the passage of the Voting Rights Act of 1965. Both the image of King at the podium and his refrain of "I have a dream" have become defining moments of the civil rights era. Not only was King's speech added to the Library of Congress' National Recording Registry in 2002, but its words were forever etched into the marble steps of the Lincoln Memorial in the exact place where King stood on August 28, 1963.

August Birthdays

Building One:

- **Richard S.**- August 23rd

Building Two:

- **Marie J.**- August 6th
- **Thomas V.**- August 14th

Building Three:

- **David L.**- August 2nd
- **Laverne C.**- August 25th

August Birthdays

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.

Jerry Garcia (musician) – August 1, 1942
James Baldwin (writer) – August 2, 1924
Barack Obama (president) – August 4, 1961
Matthew Henson (explorer) – August 8, 1866
Alex Haley (writer) – August 11, 1921
Lillian Evanti (singer) – August 12, 1890
Julia Child (chef) – August 15, 1912
Coco Chanel (designer) – August 19, 1883
Ray Bradbury (writer) – August 22, 1920
Althea Gibson (athlete) – August 25, 1927
Ted Williams (athlete) – August 30, 1918