

August 2020

Parkside Press

Allouez Parkside Village 2 * 1901 Libal Street * (920) 432-3322 * www.assistedlivingbyhillcrest.com



Celebrating August

**Read-a-Romance-Novel
Month**

Happiness Happens Month

International Clown Week

August 1–7

Watermelon Day

August 3

Elvis Week

August 8–16

Creamsicle Day

August 14

Senior Citizens Day

August 21

National Park Service Day

August 25

Matchmaker Day

August 31

Resident of the Month



Meet Judy Berg

Judy grew up in Sugarbush, Wisconsin and was the oldest of 7 siblings – 5 brothers and 1 sister. Judy's first husband had two children, and they also had two children together. She did not have any kids with her second husband. She met her now husband, John, at Ft. Howard and she was the one to ask him out!

When her children were young, she worked from home as a freelance artist and graphic designer. As her children got older, Judy worked at Fort Howard paper mill in their art department.

Judy's favorite hobby was watercolor painting – she belonged to a watercolor group that met monthly! She still enjoys painting to this day.

Judy's favorite thing about Allouez Parkside Village is meeting the wonderful people and the helpful staff whom help lift her spirits!

Her advice to everyone is to find a job or career that you love and keep working at it until you have achieved everything you want to!





Shining Star



Lorie Bloomer – Housekeeping

Lorie was born in Green Bay!

She has seven siblings- 4 brothers and 3 sisters. Her family consists of her husband Mike, whom she just celebrated her 41st wedding anniversary with, her two daughters Amie and Stacey, her son Matt, and 3 grandchildren – Destin, Aaylah and Rowen.

She has been working at Allouez Parkside Village for 7 years now and her favorite things about her job are the residents and how appreciative they are of the help that she gives them!

Some of Lorie's hobbies include playing a lot of games such as Scrabble, Dominoes, Yahtzee and Phase 10. She also loves going to rummage sales, playing BINGO at Oneida, and working on puzzles.

Her favorite meal is anything dessert! She says that she is going to be that little old lady that eats her desserts first and then maybe eat the rest of her meal.

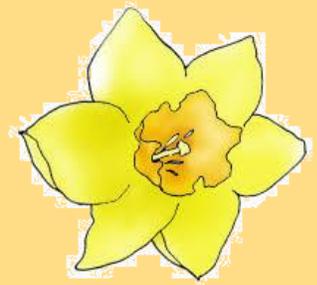
Her favorite time of the year is springtime – it's not too hot and not too cold.

Lorie's favorite place is Hawaii! She is lucky enough to have a sister that has a timeshare in Maui and she loves the fresh smell of the island when she first gets off the plane!

If Lorie ever won the lottery, she would love to buy a house in Hawaii, purchase a new vehicle and help out local businesses in need such as the Humane Society and Golden House!

Thank you for everything you do!

Flower Power



August 28 is Daffodil Day, a day celebrating this beautiful flower. The ancient Greeks, who called the flower a narcissus, acknowledged its beauty in their myths. A man named Narcissus was so taken with his own beauty that, after seeing his reflection in a pool of water, he stopped to admire himself. He was so obsessed with his beauty that he could not pull himself away from his own reflection. Alas, he died at the waterside, and in his place grew the first daffodil. It is from this myth that we get both the flower's name and the word *narcissist*, a word for those who admire themselves too much. But why shouldn't daffodils admire themselves? They are beautiful, after all. And because they are some of the first flowers to bloom in the spring, they are also associated with rebirth, renewal, new beginnings, and hope. For this reason, daffodils have become a potent symbol of hope in the fight against cancer. Cancer councils around the world use Daffodil Day to raise funds to support life-saving cancer research.

Family Council is Tentatively Cancelled

Resident Council Meeting

Allouez Parkside Village 1
Tuesday, August 18th
10:30am

Allouez Parkside Village 2
Wednesday, August 19th
10:30am

COVID-19 Update:

We will remain in Phase 2 until further notice.

Phase 2 includes:



- Allowing Limited Outside Family Visits
 - Family must wear and provide their own mask
 - Must remain 6 feet apart from resident
 - Each resident is allowed to have 4 visitors at a time
 - Visits must take place in designated areas only
- Allowing limited family visits in family room, only if resident is physically unable to visit outside- which will be approved by the director
 - Anyone entering the facility must sign in, wash their hands with soap and water, wear mask, log temperature and complete symptom questionnaire
 - Must remain 6 feet apart from resident
 - Each resident is allowed to have up to 2 visitors at one time
 - Maximum visit time of 45 minutes
 - Must call the facility Monday-Friday between 8:00 a.m. - 4:00 p.m. to schedule visit time in order to regulate the number of people at the facility at one time.
- Families may take resident out of the facility for a car ride, including church or to dine out.
 - We are highly encouraging resident to wear a mask when leaving the facility and use proper hand hygiene
 - You do not need to schedule an appointment for a car drive, but we ask for you to notify staff in advance so we are aware the resident is leaving
 - Though we are unable to control what happens while a resident is out of the facility, we ask for everyone to be mindful of their actions and any places they may stop. Understand the potential risk of exposure associated when in a social setting

Feel free to contact the facility with any questions, or to schedule a visit.

We appreciate everyone's support and understanding as we continue to slowly transition through our re-opening phases.

VISITING SUGGESTIONS:

- Call for an appointment to schedule your visit or to report a pick up time
- Bring your own mask and wear for the entire visit
- Bring your own chair for outside visits
- Restrooms will NOT be available to visitors
- Visitors are NOT ALLOWED to enter the facility, please call when you arrive for your visit
- Any gifts or packages must be sanitized by staff prior to the resident receiving
- Please consider visiting Monday – Friday if you are able to do so, to leave weekend visiting hours available for those with limited schedules.





Recipe Corner

Zucchini Bread with Chocolate Chips

Ingredients:

- Cooking spray
- 1 1/2 cups flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1 teaspoon cinnamon
- 1/4 teaspoon ground nutmeg
- 1 egg
- 1/2 cup vegetable oil
- 1/2 cup sugar
- 1/2 cup light brown sugar
- 1 teaspoon vanilla extract
- 1 cup shredded zucchini
- 1 cup semi-sweet chocolate chips



Directions:

1. Preheat oven to 350°F. Spray a standard-size loaf pan with cooking spray.
2. Combine flour, baking powder, salt, baking soda, cinnamon, and nutmeg in a large bowl. Set aside.
3. Combine egg, oil, sugar, brown sugar, and vanilla in a medium bowl.
4. Little by little, add the dry mixture to the wet ingredients. Stir in zucchini and chocolate chips. Transfer to the prepared loaf pan.
5. Bake 55–60 minutes. Allow to cool before slicing and serving.

Makes 10 servings

August Birthdays

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.

Bob Wellens – August 3rd

Richard Peters – August 5th

Benay Rosenthal – August 18th



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BEACH
SEAGULL
SAND
BEACHBALL
FLIP FLOP
SHELLS
SUN

SWIM
BOAT
FUN

