

February 2019

# West Haven Happenings

Brillion West Haven \* 220 Achievement Dr. \* (920)756-9100\* (920)756-9103 \* Assistedlivingbyhillcrest.com



## Celebrating February BIRTHDAYS

- 2/5 Verna Borchardt
- 2/10 Sarah Bratz
- 2/11 Mary Ann Vondrachek
- 2/17 Lenroy Haese
- 2/21 Bonnie O'Connell

## OUR SYMPATHY

Brillion West Haven would like to send our deepest sympathy to the families of Carol Bubolz, Joseph Baril, Sr. and Dorothy Zahn. They will be greatly missed.

## DEMENTIA LIVE

Dementia Live will now be offered the 2<sup>nd</sup> Tuesday of every month at 1:00 p.m. – Allouez Parkside Village #2, 1901 Libal Street, Green Bay, WI  
Call or text Holly for reservations 920-660-0835.

## CELEBRATING FEBRUARY UPCOMING EVENTS

- 2/2 Music with Bobby Solberg @ 1:30
- 2/4 Music with Tom Enneper @ 1:30
- 2/7 Music with Ms. Taku @ 1:30 and Birthday Bash following
- 2/12 Inspiration with Brenda @ 9:30
- 2/13 Chair Yoga @ 9:30
- 2/14 **HAPPY VALENTINE'S DAY**  
Music with T J & Lynn @ 1:30  
Valentine's Day Party
- 2/19 Music with Roger Hartwig @ 1:30
- 2/21 Family Council Meeting @ 3:30
- 2/26 Inspiration with Brenda @ 9:30 and Music with Bob Buxbaum @ 1:30
- 2/27 Wayside Singers @ 9:30 and Bingo Buck Store 2:00 – 3:00 p.m.
- 2/28 Book Club @ 1:30 and Taste Testing of Recipes @ 2:00

### **VALENTINE'S DAY PARTY**

Thursday, February 14<sup>th</sup>  
Music with T J & Lynn  
1:30 – 3:00 p.m.  
Come and join the fun,  
socializing, beverages and treats!

**HOPE TO SEE YOU THERE!**

## COOKING WITH nancy

### Texas Caviar

- 1 C. Each of the following, chopped:  
celery, sweet onion, red pepper, green pepper
- 1 16 oz. can each pinto and black beans
- 1 7 oz. can each green chiles and shoe  
peg corn

Drain all beans, chiles and corn.

Bring the following ingredients to a boil:

- ½ C. cider vinegar
- ½ C. sugar
- ½ C. canola oil

Let sauce cool. Pour over beans and vegetable mixture. Chill over night.

Serve with low fat baked chips (scoops work very well.)

Makes about 30 – 1/4 Cup servings.

- 1 serving equals 90 calories
- 138 mg. sodium
- 4 grams fat

## POINTS TO PONDER WITH JULIE

If you find that JOY is fading in your HEART, you might pay attention to your PASSIONS, your PURPOSES, and your PURSUITS.

Thomas Kinkade



## RESIDENT OF THE MONTH



**Howard Krahn**

**I grew up on a farm near Wayside in Brown County. My parents were Alvin and Elsie Krahn. I have 1 brother Roger Krahn and 3 sisters Dorothy Zenke, Karen Kiekhaefer, and Carol Obrey.**

**I went into the Army Reserves. When I came home from the service I met my wife Jo Ann Klann at a Thanksgiving Dance in Kellnersville. She lived on a farm near Collins. A year later we married in Oct. 1965. We had 1 daughter Michelle. Michelle and her husband Larry Dobbe and their 2 daughters Eliza and Annie live near Stoddard, WI by Lacrosse, WI. Eliza will be getting married this Sept 7<sup>th</sup>.**

**I worked for Alfred Schroeder for several years doing digging jobs like house basements, taking down silos, and other projects. Later on I worked for different contractors in Green Bay, DePere, and surrounding cities. I belonged to the Union Operator Engineers Local 139 for 50 years.**

**My Hobbies are putting puzzles together and word searches.**

**Brillion West Haven is a wonderful place to live when you need help for yourself. The staff does a great job with the residents.**

## Drawing the Short Straw

February 22 is Skip the Straw Day. Banning straws has certainly been a hot topic. More and more companies and communities are outright banning these seemingly harmless modern conveniences. This is because Americans, on average, use one million plastic straws each day, and many of those plastic bits are ending up in landfills and our oceans. For those who still want straws or need them for medical reasons, some companies now provide customers with biodegradable or compostable straws, including paper straws. People used to sip drinks through long hollow reeds of ryegrass. That all changed in 1888 when inventor Marvin Stone patented a spiral winding process for paper and created the first paper straw. His straws were far superior to ryegrass straws, for they did not impart a grassy taste to the beverage. So it seems that we have come full circle, back to Stone's original invention. But will banning plastic straws actually save the environment? Not entirely. Plastic straws are just a tiny percentage of plastic pollution. But the anti-straw movement might raise awareness about the harms of plastic to our planet.

## Many Happy Returns



February is Return Shopping Carts to the Supermarket Month. Shopping carts are abandoned in the strangest of places: alongside roads, in ditches, under bridges. Today is the day to put those shopping carts back where they belong. It is estimated that two million shopping carts are taken from supermarkets each year, and with one shopping cart valued at \$100, that's \$200 million rolling away. If pushing a shopping cart back to a supermarket all the way from a highway is too much to ask, you can start by returning shopping carts from the parking lot. Unattended carts can do a lot of damage to cars. Furthermore, studies show that abandoned shopping carts lead to people throwing other trash into parking lots. Returning carts fosters good citizenship!

Bingo with Friendly Valley 4-H Group! Thank you for the handmade lap blankets for bingo prizes! Thank you for sharing your day with us.



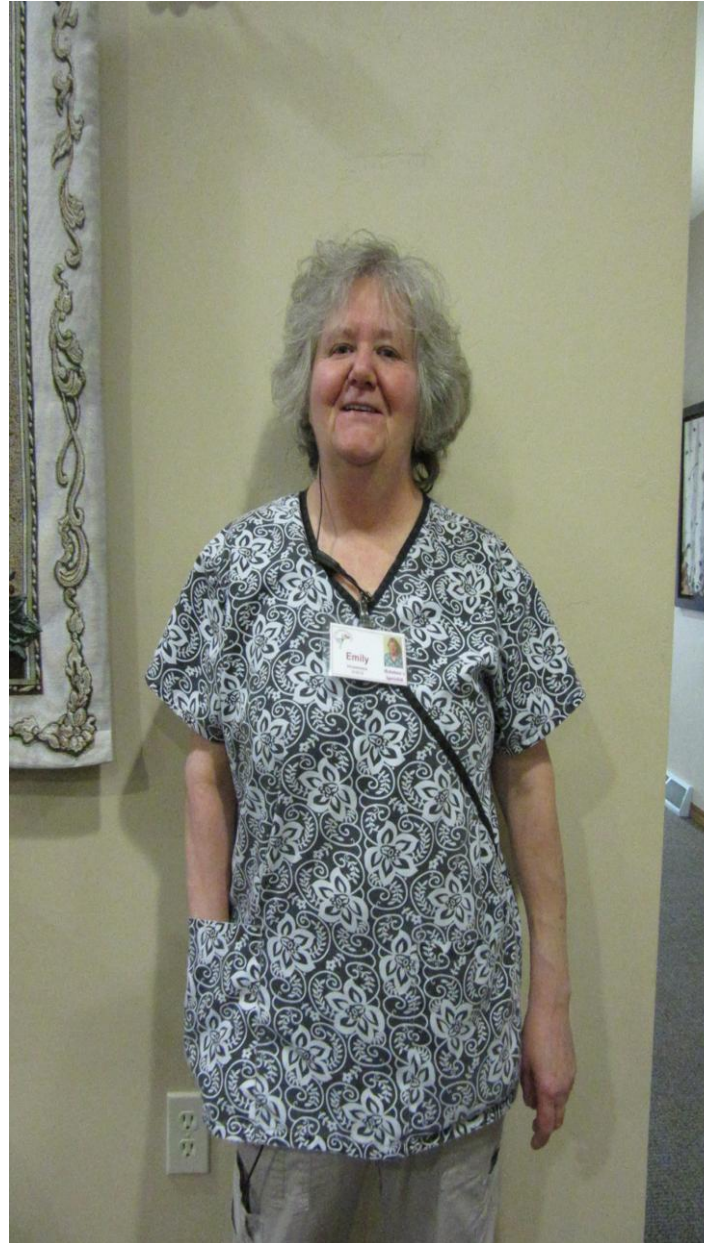
# EMPLOYEE OF THE MONTH

**Congratulations! Emily Reiser** is our “Shining Star” for this month. Emily was born in Sault Saint Marie, Michigan. She has 1 daughter, 2 sisters, and three brothers. Some of her hobbies include hiking and playing agility with her dogs.

Emily’s favorite place to visit was Niagara Falls in Canada. Some other favorites of hers are the following: spaghetti and meatballs for a meal and the season of Fall. She loves the color of the leaves and there are no bugs!

Emily has been working at Brillion West Haven for the past 4 months. She loves the residents because they have so much knowledge to share and she likes to listen to their stories.

In ten years or so, she would like to be retired and spending time with her grandchildren. If she won the lottery, she would open a sanctuary for cows and pigs because she feels they are being mistreated.



**SAVE THE DATE**

**St. Patrick's Day Dinner  
Party**

Tuesday, March 19th

4:30 – 6:00 p.m.

Music Entertainment by: Still Cruisin'

**\*\*Each resident may have 2 guests for dinner, the cost is \$5.00 per guest.\*\***

Dinner includes: Boiled Corned Beef and Cabbage with baby red potatoes and carrots, rye dinner roll

**-or-**

Chicken Alfredo over Penne Pasta  
Pistachio Torte for dessert.

Please RSVP by Mar. 11<sup>th</sup> with  
your meal choice. Phone (920)756-9100

