


| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|---|--|---|---|---|--|---|
|  <p><b>January 2019</b></p> <p><b>WEST HAVEN (MCU)</b></p> |  | 9:30 Seniorcise 1<br>9-Noon Parades<br>On TV<br>10:30 Bingo<br>1:30 Cards<br><br><small>New Year's Day</small>                                  | 9:30 Seniorcise 2<br>10:30 Cooking<br>Cream Puffs<br>1:30 – 3 Card<br>Club<br>2:30 Share Hour | 9:30 Seniorcise 3<br>10:30 Morning Cup<br>of Joe<br>11:00 Rosary<br>1:30 Music with<br>Ms. Taku<br>2:30 Birthday Bash       | 9:30 Seniorcise 4<br>10:00 Catholic<br>Communion<br>10:30 Bingo<br>1:30 Stories by the<br>Fireplace<br>2:30 Share Hour | 9:30 Seniorcise 5<br>10:30 Pokeno<br>1:30 Watching<br>Wild Wings<br>2:30 Share Hour<br>(National Bird<br>Day) |
| 9:30 -11:00 6<br>Church Services<br>1:30 – 3:00<br>Sunday Matinee<br>3:00 – 4:00<br>One on One's  | 9:30 Seniorcise 7<br>10:30 Shake<br>Loose a Memory<br>10:30 Bible Study<br>1:30 Winter Tea<br>Party<br>2:30 Share Hour   | 9:30 Inspiration 8<br>with Brenda<br>10:30 Seniorcise<br>11:00 Rosary<br>1:30 Remembering<br>Elvis' Birthday<br>2:30 Harry Macco's<br>Hot Cocoa | 9:30 Seniorcise 9<br>10:30 Toss Up<br>Dice<br>1:30 – 3 Card<br>Club<br>2:30 Share Hour        | 9:30 Seniorcise 10<br>10:30 Soup's On<br>11:00 Rosary<br>1:30 Tasting the<br>Soup<br>2:30 Share Hour<br>3:30 Family Council | 9:30 Seniorcise 11<br>10:30 Bingo<br>1:30 Banana Split<br>Day<br>2:30 Happy Hour                                       | 9:30 Seniorcise 12<br>10:30 Bingo<br>1:30 Cards<br>2:30 Share Hour  |
| 9:30 – 11:00 13<br>Church Services<br>1:30 – 3:00<br>Sunday Matinee<br>2-3 pm Bingo<br>With Friendly<br>Valley 4-H Group                    | 9:30 Seniorcise 14<br>10:30 Pokeno<br>10:30 Bible Study<br>1:30 Music with<br>Don Bongers<br>2:30 Share Hour   | 9:30 Seniorcise 15<br>10:30 Resident<br>Council<br>11:00 Rosary<br>1:30 Card Stamping<br>2:30 Harry Macco's<br>Hot Cocoa                        | 9:30 Seniorcise 16<br>10:30 Blackout<br>Dice<br>1:30 – 3 Card<br>Club<br>2:30 Share Hour      | 9:30 Seniorcise 17<br>10:30 Balloon<br>Volleyball<br>11:00 Rosary<br>1:30 Timeslips<br>2:30 Share Hour                      | 9:30 Seniorcise 18<br>10:30 Bingo<br>1:30 Memories in<br>the Making<br>2:30 Share Hour                                 | 9:30 Seniorcise 19<br>10:30 LRC Dice<br>1:30 Cards<br>2:30 Share Hour   |
| 9:30 – 11:00 20<br>Church Services<br>1:30 -3:00<br>Sunday Matinee<br>3:00 – 4:00<br>One on One's   | 9:30 Seniorcise 21<br>10:30 Blackout<br>Dice<br>10:30 Bible Study<br>1:30 Cooking<br>2:30 Share Hour<br><br><small>Martin Luther King Day<br/>           Tu B'Shevat</small> | 9:30 Inspiration 22<br>With Brenda<br>10:30 Seniorcise<br>11:00 Rosary<br>1:30 Music with<br>Roger Hartwig<br>2:30 Share Hour                   | 9:30 Seniorcise 23<br>10:30 LRC Dice<br>1:30 – 3 Card<br>Club<br>2:30 Share Hour              | 9:30 Seniorcise 24<br>10:30 Dice Bowling<br>11:00 Rosary<br>2:00 Taste Testing<br>2:30 Share Hour                           | 9:30 Seniorcise 25<br>10:30 Bingo<br>1:30 – 3 Music<br>with Bill Bernico<br>for Winterfest<br>Party                    | 9:30 Seniorcise 26<br>10:30 Find the<br>Number<br>1:30 Craft<br>2:30 Share Hour                               |
| 9:30 – 11:00 27<br>Church Services<br>1:30 – 3:00<br>Sunday Matinee<br>3:00 – 4:00<br>One on One's  | 9:30 Seniorcise 28<br>10:30 Bunco<br>10:30 Bible Study<br>1:30 Music with Al<br>Schultz<br>2:30 Share Hour<br><br><small>Australia Day (observed)</small>                    | 9:30 Seniorcise 29<br>10:30 Pokeno<br>11:00 Rosary<br>1:30 BWH Bowling<br>2:30 Harry Macco's<br>Hot Cocoa                                       | 9:30 Wayside 30<br>Singers<br>10:30 Seniorcise<br>2:00 – 3:00<br>Bingo \$\$Buck\$\$<br>Store  | 9:30 Seniorcise 31<br>10:30 Toss up Dice<br>11:00 Rosary<br>1:30 Book Club<br>2:30 Share Hour                               | <p><b>Having someplace to go is home. Having someone to love is family. Having both is a blessing. -Unknown.</b></p>   |   |

This is a glimpse of activities throughout the day. All activities are subject to change.